



FRAGMENTS OF LIFE:

DETECTING MICROBES AND DISEASE BY MOLECULAR SIGNATURES

TAGGTCCATACTATGGT

AGGTCGCGCTTTGGT

GAGTTGCCATACACACC

JULIANA ANSARI, PHD

FAIRFIELD UNIVERSITY ROSS LECTURE

11-29-17

TOPICS FOR TODAY

- **Part I. Identifying & Characterizing Beneficial Microbes**
 - **Microbiome explosion & Future outlook for probiotics & therapies**
 - **3 approaches to identify bacterial strains**
 - PCR
 - MALDI TOF
 - BIOLOG
 - **Probiotics & unknowns**
 - **Carbon Sources & Prebiotics: What the microbes we eat, eat!**
- **Part II. Molecular signatures of Human Disease**
 - **Genetic markers vs. Circulating biomarkers of disease**
 - **miRNAs associated with cancer**



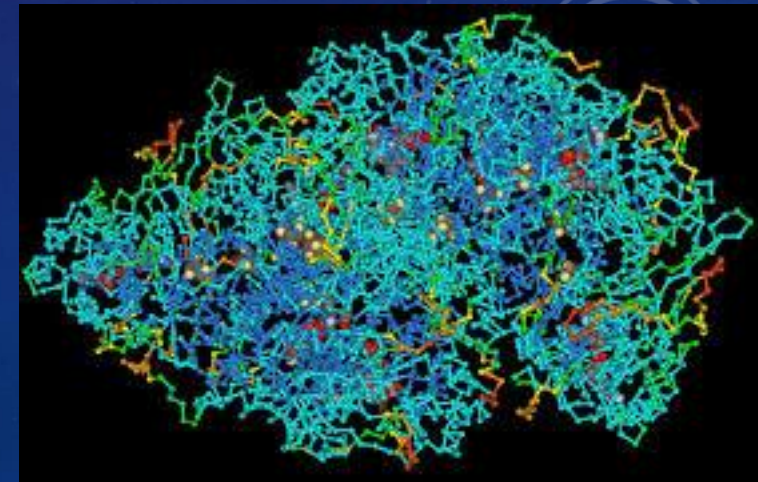
DNA

RNA (PART 2)

PROTEIN

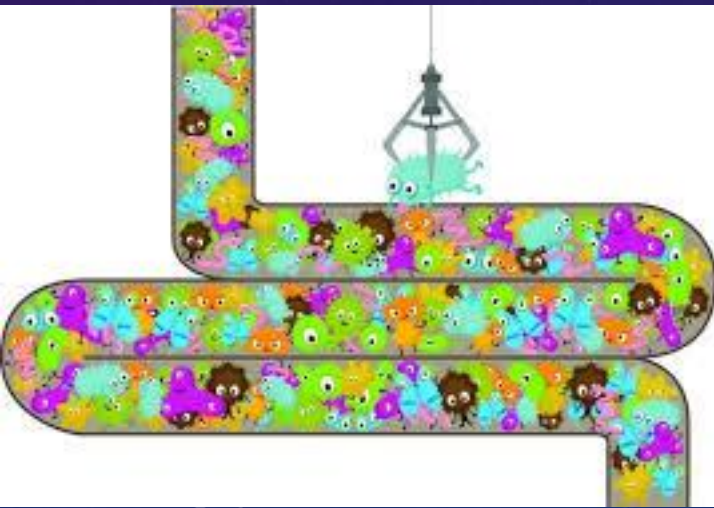
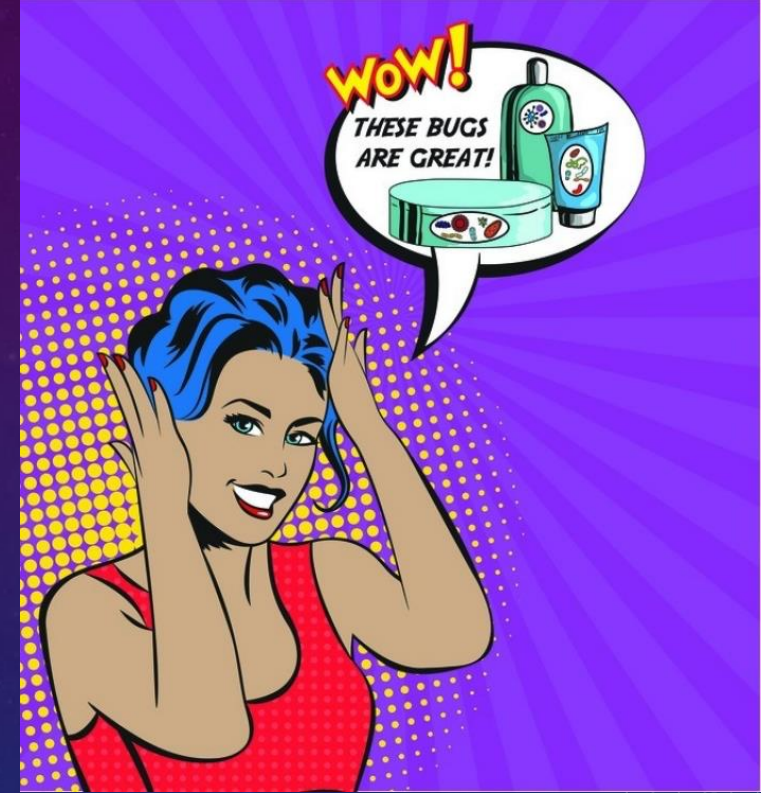
PROTEIN ACTIVITY

(PHENOTYPE, BIOCHEMISTRY, METABOLISM)



MICROBIOME EXPLOSION...

- The Microbiome is a Hot Topic
- All the microbes (bacteria) in or on your body
- Linked to many chronic conditions, digestive & mental health



Articles from 1 week -
Microbiome connection to:

- PTSD
- Autoimmune disease
- Obesity
- Age-related
- How patients respond to cancer
Immunotherapy drugs


THE GUARDIAN 11/6/17

The past month alone has seen studies [linking the gut microbiome with post-traumatic stress disorder](#) (people with PTSD had lower than normal levels of three types of gut bacteria); fathoming its connection with autoimmune disease; finding that [tea alters the gut microbiome in anti-obesogenic ways](#); showing that “ridiculously healthy” 90-year-olds have the gut microbiome of young adults; and how [targeting mosquitos’ gut flora](#) could help beat malaria by increasing the malaria-attacking bacteria in their guts. And last week, two groundbreaking studies provided evidence that gut biodiversity influences whether or not immunotherapy drugs shrink tumours in cancer patients.

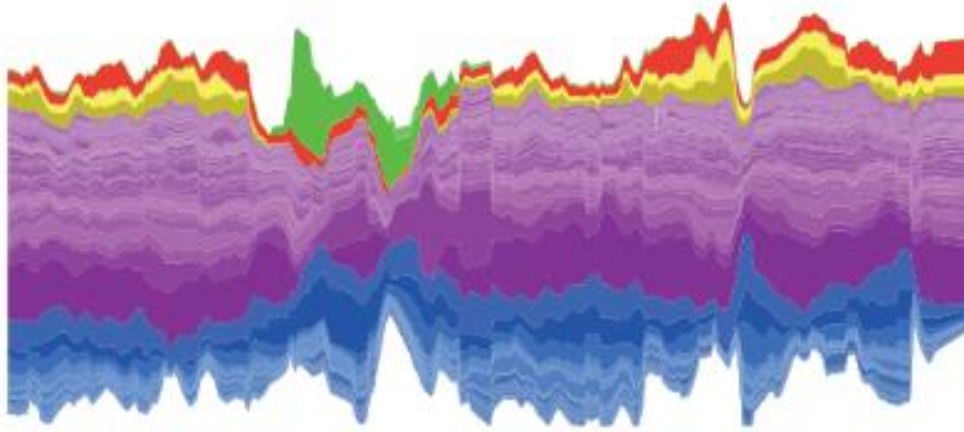
Is your gut microbiome the key to health and happiness?

Research suggests the vast ecosystem of organisms that lives in our digestive systems might be as complex and influential as our genes in everything from mental health to athleticism and obesity. But is 'poop doping' really the way ahead?



 The gut microbiome weighs more than the brain. Illustration: Andy Goodman/Five Bar Gate

Relative gut bacteria abundance, by phylum



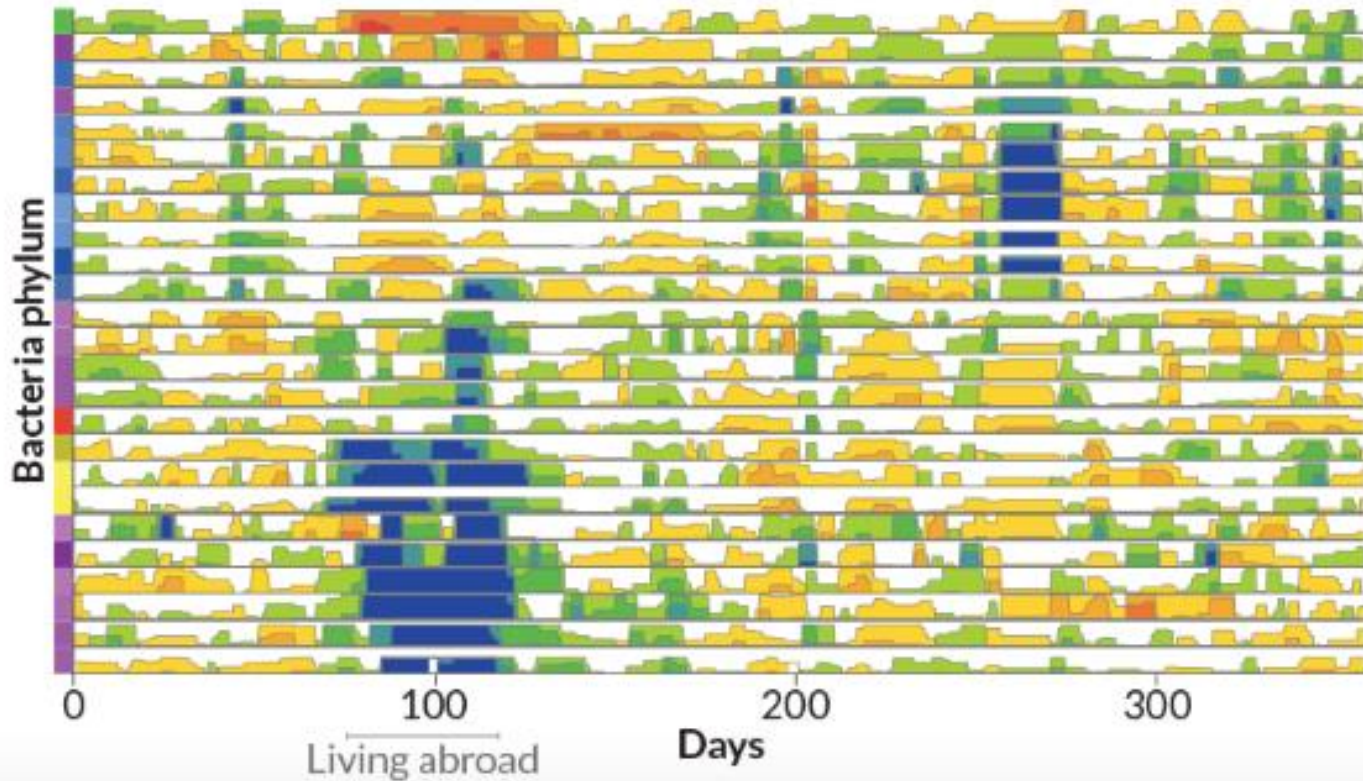
SCIENCE VISUALIZED MICROBIOLOGY, HEALTH

How one scientist's gut microbes changed over a year

Daily sampling allowed Lawrence David to track fluctuations in his microbiome

BY TINA HESMAN SAEY 11:03AM, SEPTEMBER 21, 2016

Change in gut bacteria abundance, by bacteria type



Bacteria phylum

Proteobacteria

Tenericutes

Actinobacteria

Firmicutes

Bacteroidetes

“UNLOCKING THE SECRETS OF THE MICROBIOME”

NEW YORK TIMES 11/6/17

For example, people with irritable bowel syndrome, inflammatory bowel disease, allergic disorders and infections with drug-resistant organisms may benefit from taking probiotics, though some probiotics sold in health food and drugstores may be ineffective. It may be necessary to tailor-make the remedy for each condition or even each patient.

20
COMMENTS

Meanwhile, people interested in fostering a health-promoting array of gut microorganisms should consider shifting from a diet heavily based on meats, carbohydrates and processed foods to one that emphasizes plants. As Dr. Jeffrey Gordon, a genomics specialist at Washington University School of Medicine, told The Times last year, “The nutritional value of food is influenced in part by the microbial community that encounters that food.”

**EAT
FIBER,
PLANTS!**

- <https://www.nytimes.com/2017/11/06/well/live/unlocking-the-secrets-of-the-microbiome.html>

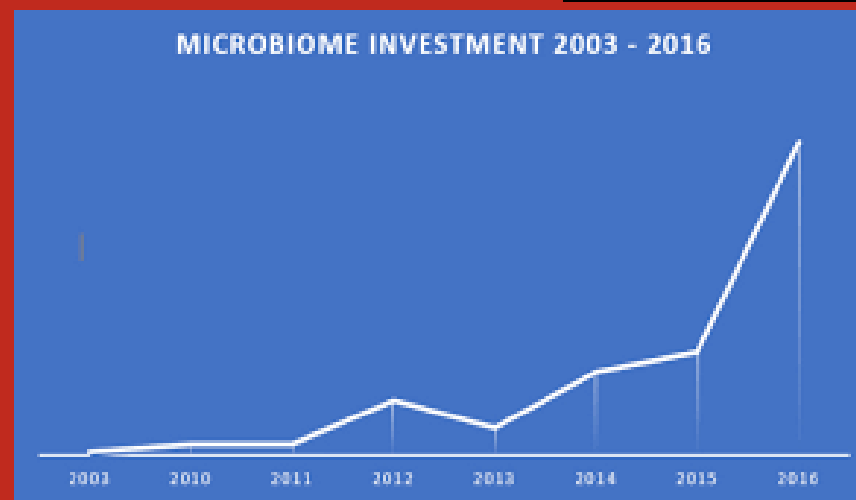
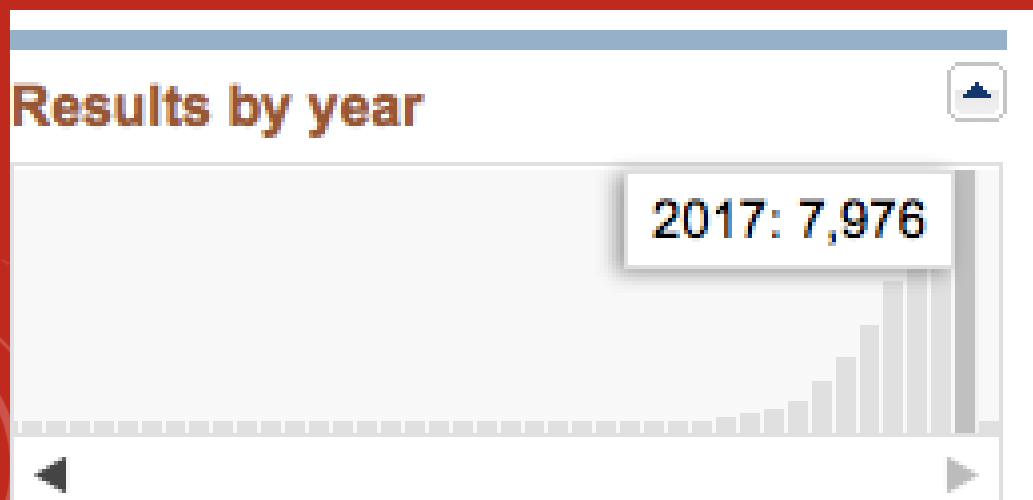
HOT

MICROBIOME



RESEARCH PUBLICATIONS

INVESTMENT FUNDING



Enhanced understanding of the microbiome is helping medicine

No guts, no glory



Print edition | Science and technology >

Nov 9th 2017



THE ECONOMIST 11/9/17

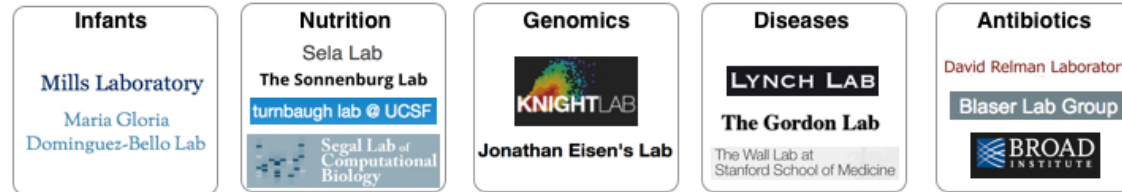
Companies mentioned:

- Rebiotix
- EpiBiome
- Eligo Biosciences
- Seres Therapeutics
- C3J Therapeutics

<https://www.economist.com/news/science-and-technology/21731109-no-guts-no-glory-enhanced-understanding-microbiome-helping-medicine>

Human Microbiome Market Map

Academic research



Public Funding & Regulation



Investors



Functional Food & Supplements



Startups



PROBIOTICS->

THERAPEUTICS->



SMALL WORLD: 20+ STARTUPS TARGETING THE MICROBIOME

ORAL HEALTH



DRUG DELIVERY



SKIN DISEASE



DIETARY SUPPLEMENTS



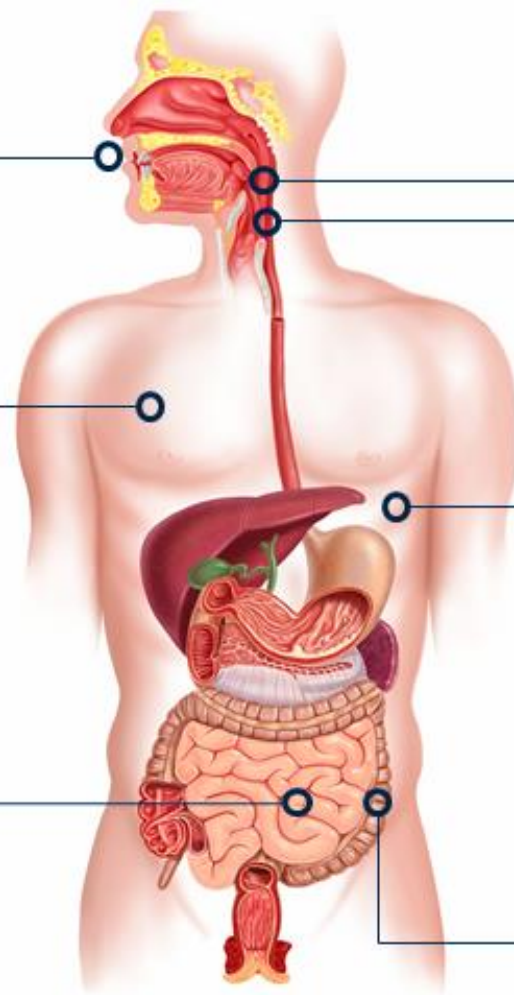
INTESTINAL HEALTH



GENOMICS



CLINICAL DIAGNOSTICS



CT:

Azitra,

Shoreline Biome

MA:

Vedanta, SynLogic, Seres Therapeutics

CA:

Evolve Biosystems

EpiBiome

MICROBIOME THERAPEUTICS & PRECISION PROBIOTICS ARE ON THE HORIZON

Early Stage Companies

Seres Therapeutics – *Clostridium difficile*
(*Cdiff*) microbiome-based therapy

GUSTO – Dr. Jack Gilbert of U Chicago using
Computational modelling of bacterial interactions
to design probiotics

trials. Most notably last year, a promising drug from Seres Therapeutics' meant to treat *Clostridium difficile* infection (or *C. diff.*) **failed** its Phase II clinical trials, sending their stock price tumbling and casting doubt on whether microbiome therapeutics are effective.

However, Gilbert believes that Gusto's systems biology approach will help avoid these unexpected failures in clinical trials.

"We want to build the car but we're going to build the car by redesigning it from the ground up," Gilbert said. "What Tesla did with electric vehicles...we're doing the same with probiotic formulations."

BACTERIAL POPULATIONS EVOLVE RAPIDLY & CAN EASILY BECOME CONTAMINATED, SO NEED STRICT QUALITY CONTROL!

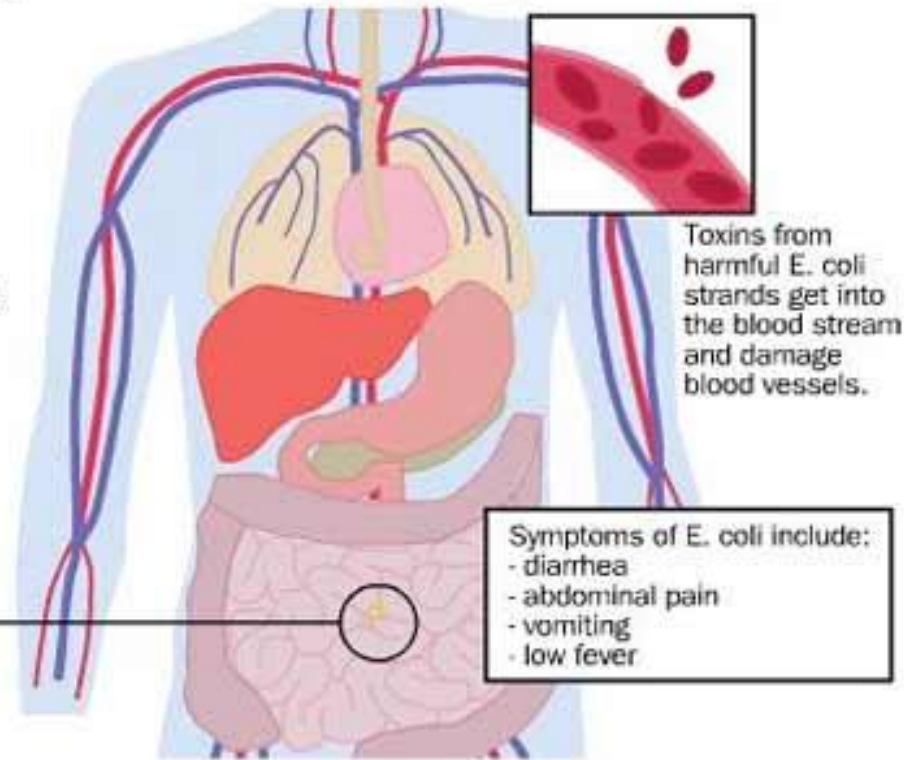
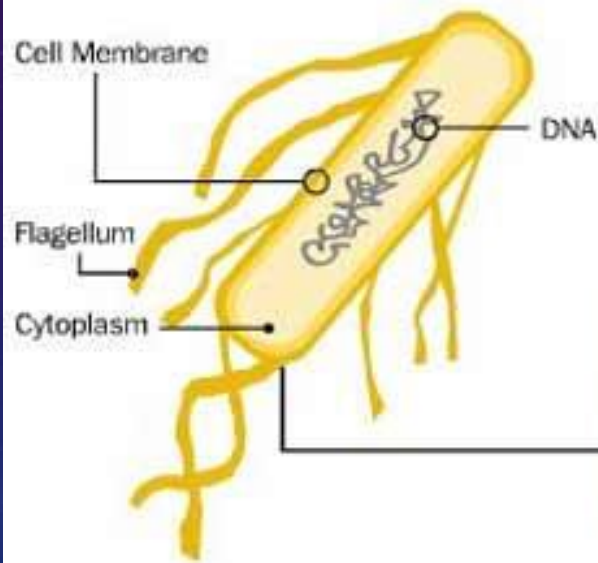
- *You want to make sure the strain is the right one & maintains its beneficial effect!*

THE STRAIN MATTERS – *E. COLI* IS A COMMENSAL BUT SOME STRAINS CAUSE BLOODY DIARRHEA (O157:H7)

HOW *E. COLI* CAN AFFECT THE BODY

Although everyone has *E. coli* bacteria naturally in their intestines, people and animals can be infected with the strain of *E. coli* O157:H7, which can sometimes be found in undercooked foods, contaminated water and feces.

WHAT DOES *E. COLI* LOOK LIKE?



PROFILING PROBIOTIC MICROBES FROM FOOD & SUPPLEMENTS

- MORPHOLOGY
- BIOCHEMISTRY
- GENE SEQUENCING
- PHENOTYPIC PROFILING
- MASS SPECTROMETRY

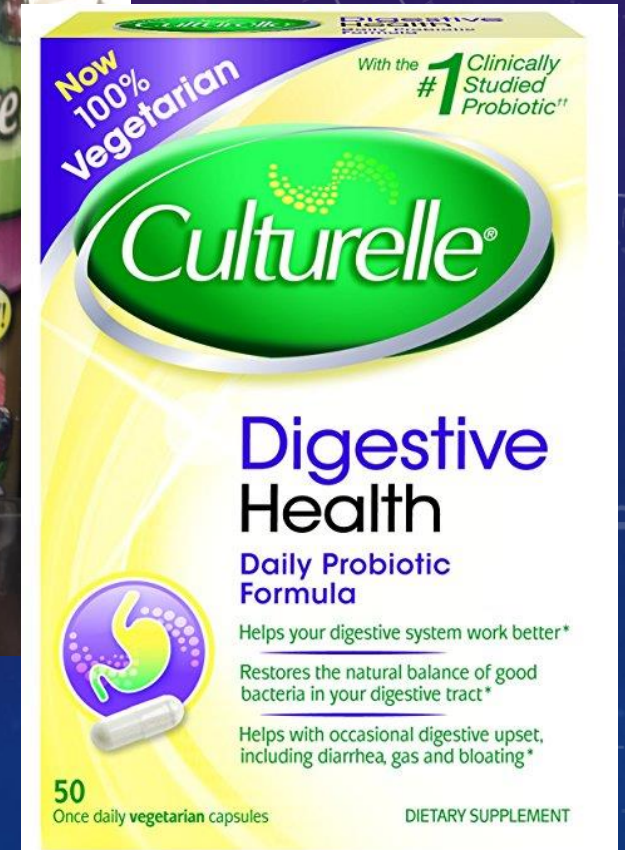


“WHAT’S THE DIFFERENCE BETWEEN ME & YOU?”



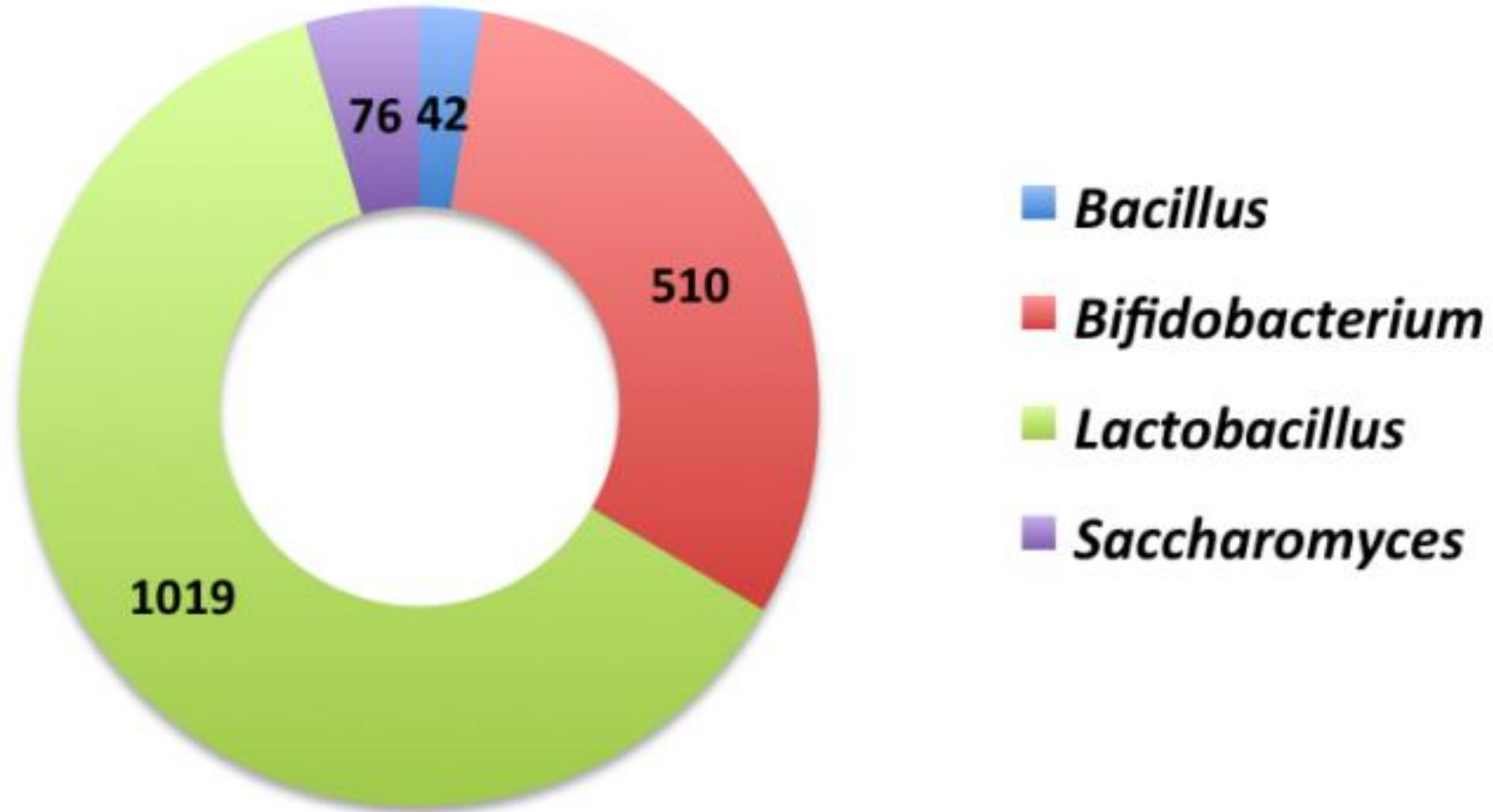
DR. DRE

DR. DRE & EMINEM
2001

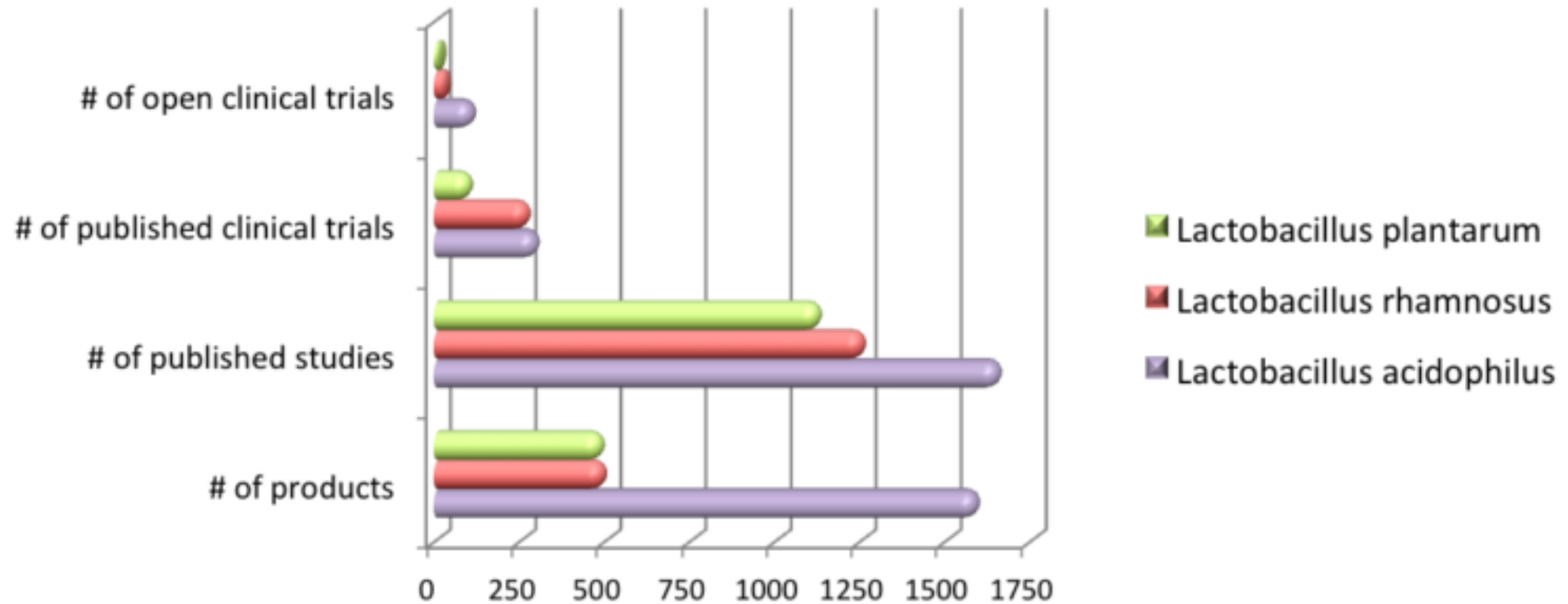


Clinical Trials on Probiotic Microbes

Source: PubMed.gov Clinical Trials published as of Mar. 2017



How well-studied are Lactobacillus strains? *(as of Mar 2017)*



ISAPP VIDEO

Are all probiotics the same? Check out the answer here in our new informational video:

Are All Probiotics the Same? - International Scientific A...

Supplement Facts	
Serving Size: 2 capsules	
Servings Per Container: 30	
	Amount per serving
Proprietary Blend	50 billion

Lactobacillus casei AB2

** Daily value not established
Other ingredients: Capsules (cellulose, water), cellulose, vegetable stearin and silica.

MORE VIDEOS

Manufactured by Probiotic Company
www.probioticname.com
(800)555-1234
City ST 12345 PRODUCT OF USA

0:57 / 4:24

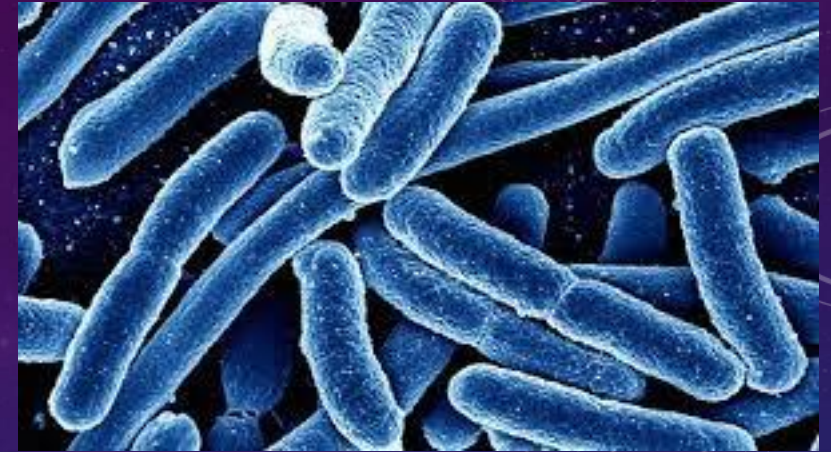
CC Settings YouTube

Are All Probiotics the Same? - International Scientific Association...

In this video you will learn more about probiotics and the important differences am...
[youtube.com](https://www.youtube.com)

2:17 PM - 9 Nov 2017

3 WAYS TO IDENTIFY BACTERIA



- 1. Polymerase Chain Reaction (PCR) of 16S rRNA gene
- 2. MALDI-TOF(Matrix Assisted Laser Desorption Ionization- Time of Flight Mass Spectrometry
- 3. BIOLOG Microbial ID system

GET SPECIES LEVEL ID BUT NOT ALWAYS STRAIN LEVEL

SOURCE OF ISOLATES: PROBIOTIC SUPPLEMENTS & DRINKS



Ansari Lab and Microbiology lab BI 352

STANDARD WORKFLOW TO IDENTIFY BACTERIA

APPROACHES:
PCR, BIOLOG, MALDI

**ANALYZE (DNA, PROTEIN,
METABOLISM)**

- STEP 1
- STEP 2
- STEP 3

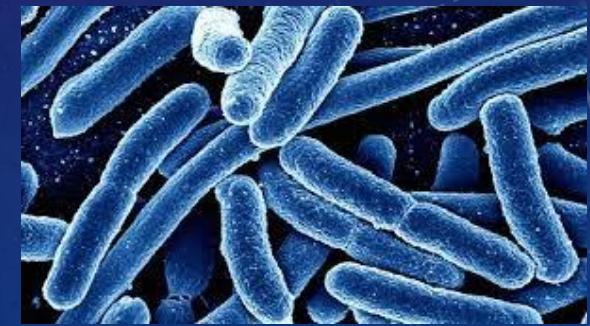
**SEARCH DATABASE
&
GET TOP-SCORING ID!**



SOURCE



ISOLATED COLONY



Hi, My Name is _____

The background features several circular DNA maps with varying degrees of detail, including scale markings and arrows. A large, white number '1' is centered in the upper right quadrant.

1

SEQUENCING OF 16S RRNA GENE AFTER PCR AMPLIFICATION

STANDARD WORKFLOW TO IDENTIFY BACTERIA



SOURCE



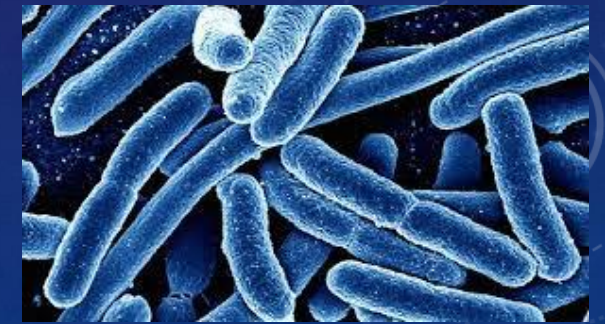
ISOLATED COLONY

ANALYZE DNA: PCR

- PCR amplification
- Gel electrophoresis
- Sequencing of PCR product
- Trim sequences

1 PCR

SEARCH DATABASE
(NCBI nr nt database)
NCBI BLASTN

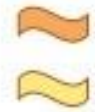


Hi, My Name is _____

PCR Components



DNA Sample



Primers



Nucleotides



Taq polymerase



Mix Buffer



PCR Tube



Thermal Cycler



PCR Cycle

PCR Process (ONE Cycle)



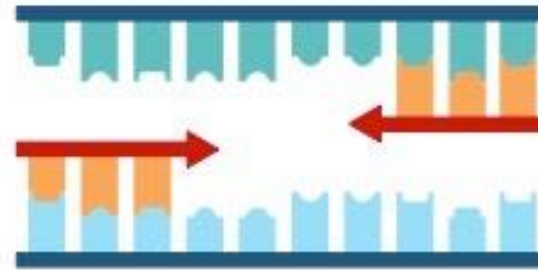
↓ 95°C – Strands separate

1. Denaturing



↓ 55°C – Primers bind template

2. Annealing

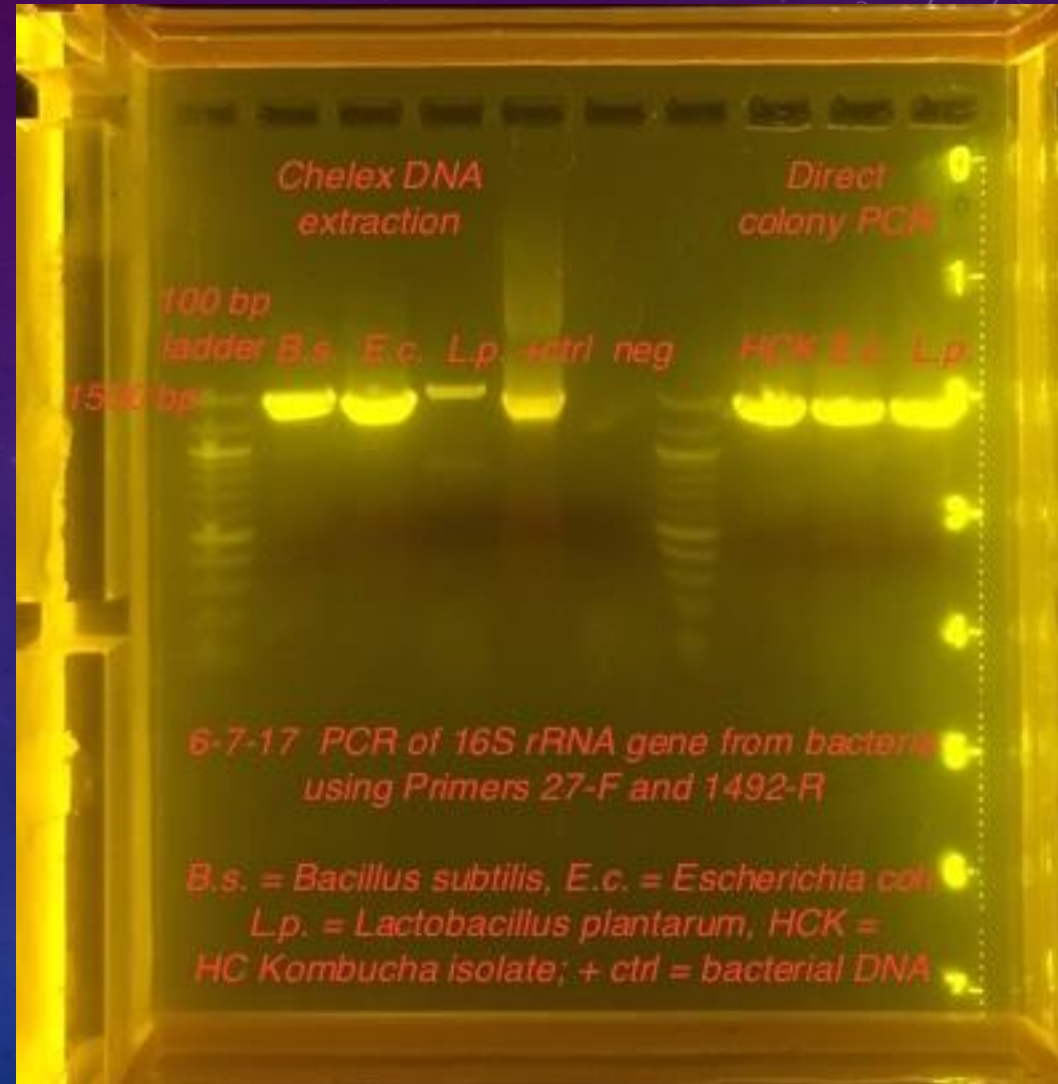
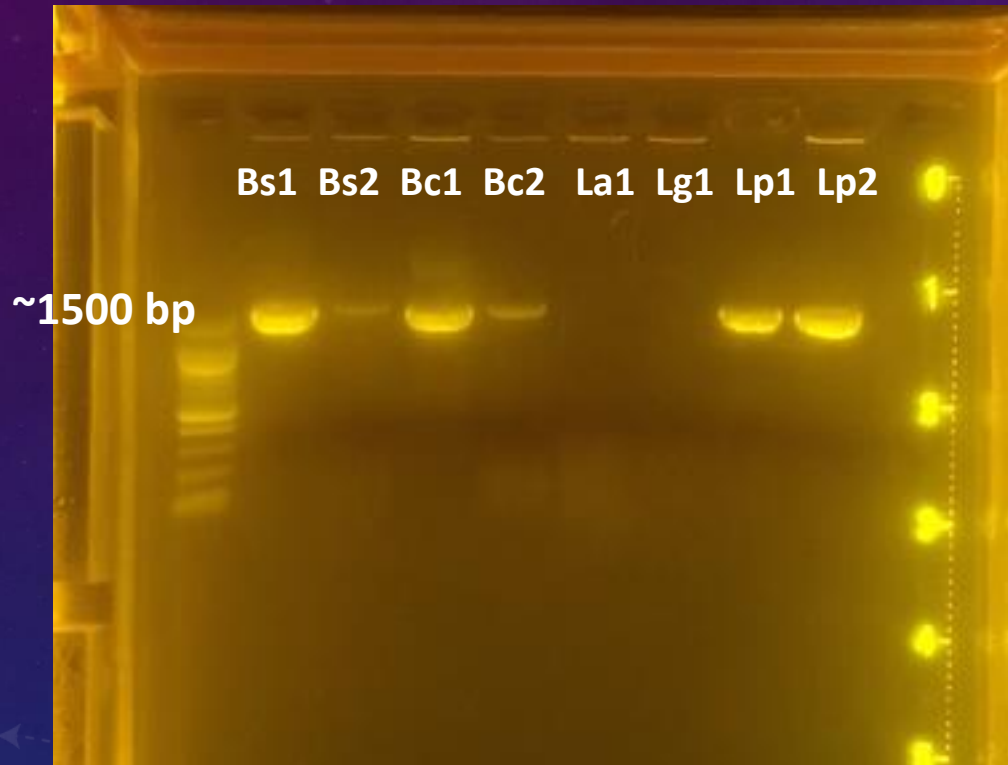


↓ 72°C – Synthesise new strand

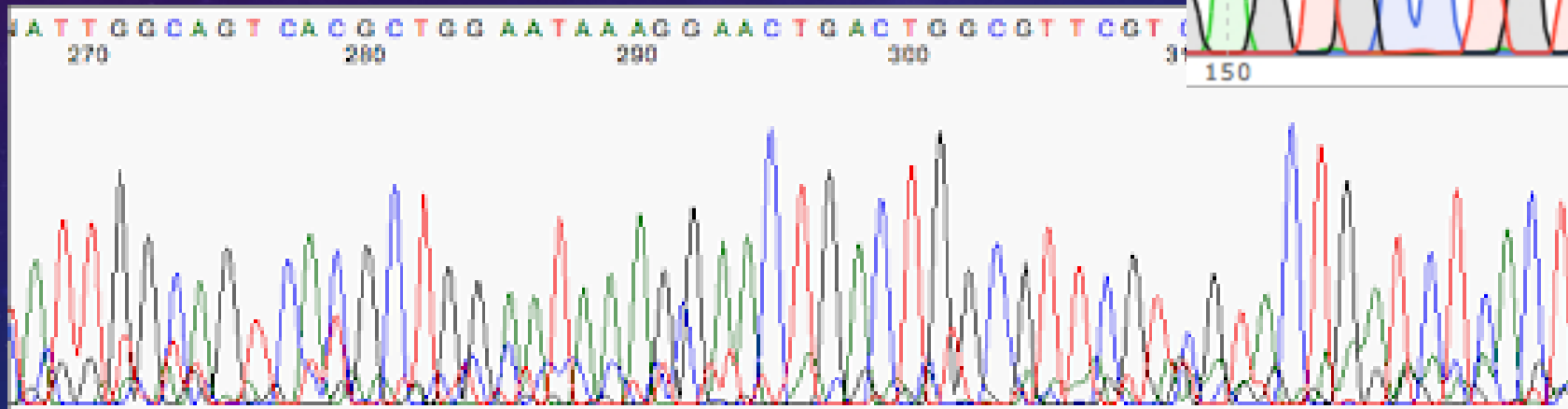
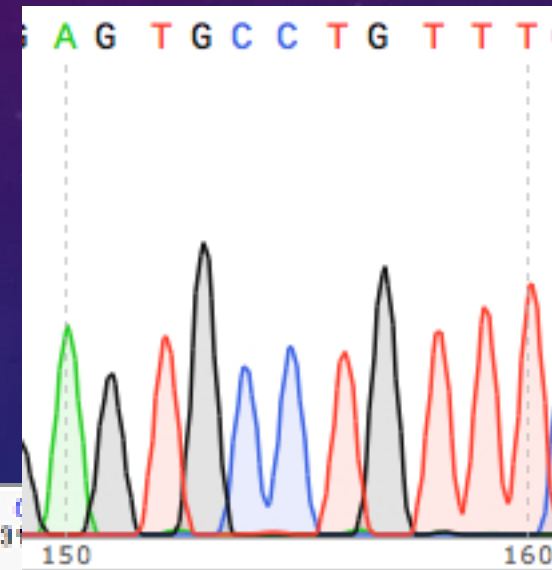
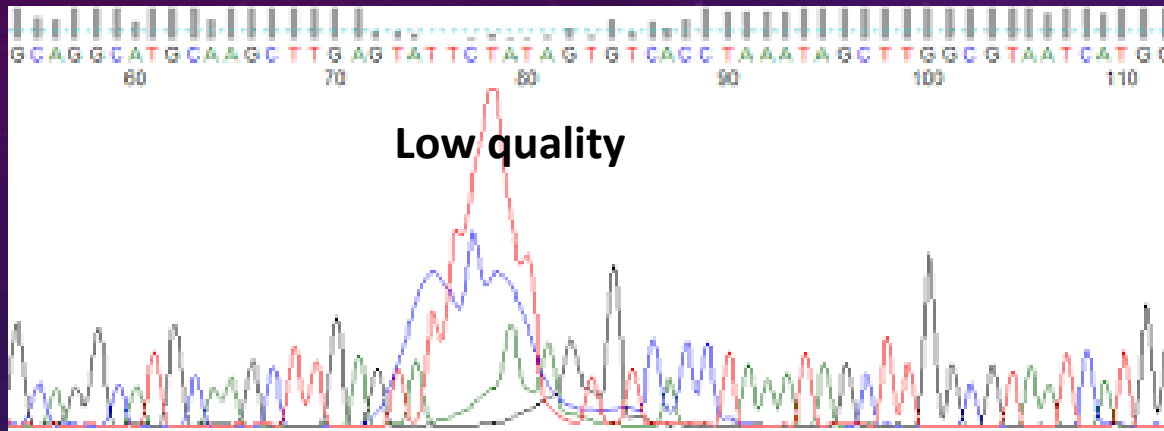
3. Extension



GEL ELECTROPHORESIS OF 16S GENE PCR PRODUCT



DNA CHROMATOGRAM (SANGER SEQUENCING)



Viewed with
Geneious software,
Trims low-quality
sequences

DNA SEQUENCE OF L. RHAMNOSUS 16S GENE

>Lr-1F-27F Sample_Name=1925207 Chromat_id=1036974 Read_id=910298 Version=1 Length=1393
GTGCGGCAGCTAGACTGCAGTCGAGCGACAGACGAGGAGCTTGCTCCTCTGACGTTAGCGGCGGACGGGTGAGTA
ACACGTGGATAACCTACCTATAAGACTGGGATAACTTCGGGAAACCGGAGCTAATACCGGATAATATATTGAACCG
CATGGTTCAATAGTGAAAGACGGTTTTGCTGTCACTTATAGATGGATCCGCGCCGCATTAGCTAGTTGGTAAGGTA
ACGGCTTACCAAGGCAACGATGCGTAGCCGACCTGAGAGGGTGATCGGCCACACTGGAAGTGAAGACACGGTCCAG
ACTCCTACGGGAGGCAGCAGTAGGGAATCTTCCGCAATGGGCGAAAGCCGGACGGAGCAACGCCGCGTGAGTGAT
GAAGGTCTTCGGATCGTAAAACCTCTGTTATTAGGGAAGAACAATGTGTAAGTGGCTATGCACGTCTTGACGGTA
CCTAAGCGGAAAGCCACGGCTAACTACGTGCCAGCAGCCGCGGTAATACGTAGGTGGCAAGCGTTATCCGGAATTA
TTGGGCGTAAAGCGCGCGTAGGCGGTTTTTTAAGTCTGATGTGAAAGCCCGCGGCTCATCCGTGGAGGGTCATTG
GAAACTGGAAAACCTTGAGTGCGAAATAAGAAAGTGAATTCATGTGTAGCGGTGAAATGCGCGAAGATATGGA
GGAACACCAGTGGCGAAGGCGACTTTCTGGTCTGTAAGTACGCTGATGTGCGAAAGCGTGGGGATCAAACAGG
ATTAGATACCCTGGTAGTCCACGCCGTATACGATGAGGGCTAAGTGTAGGGGGTTTCCGCCCCTTACTGCTGCAG
CTAACGCATTATCACTCCGCCTGGGGAGTACGACCGCTAGTTGAAACTCTAGGAATTGACGGCACCGTCACAAGC
GGTGGAGCATGTGGTTTAATTCGAAGCAACGTCGGAAAACCTTACCACATCGTTGACGTCCTCTTACCCCTCTAG
AGATAAAGTTTTCTCCTTCGTGGGGACAGAGTGACAGGTGTTGCATGGTTGTCGTCATCTCATGTCGTGATATGT
TGGGTTAGTTCCCGCAACGATCGCAGCCCTTTAGCTTAGTTGCCATCATTAGTTTGGCACTCTAAGTTTACTGCCG
GTGACAACCCGGAGTAGGGTGGGATGACTTCAATCATCATGGCCCCGTTATGATTAGCTACGCCCGTGCTACATCG
ACAATACAGGGCTACCGAACCCCCGAGGTCGCGAATCCATAAGTTTTTTTCTCAGTTTCGATTGTGTCTGCGACC
TCGCTATTATTGAGCTGGAAGTCCCGCTAGTATTCGTAGATTCAGCGATGCCTAGCGTGAGTACGGTTCCCGGAGT
CTTGGTTAAGCAGCAGGCGCCGAGCTCGCGTGTCGCG

BLAST SEARCH OF DNA SEQUENCE VS. NCBI NT DATABASE

NIH U.S. National Library of Medicine NCBI Sign in to NCBI

BLAST® » blastn suite Home Recent Results Saved Strategies Help

Standard Nucleotide BLAST

blastn blastp blastx tblastn tblastx

BLASTN programs search nucleotide databases using a nucleotide query. [more...](#) [Reset page](#) [Bookmark](#)

Enter Query Sequence

Enter accession number(s), gi(s), or FASTA sequence(s) [?](#) [Clear](#)

Query subrange [?](#)

From

To

Or, upload file no file selected [?](#)

Job Title

Enter a descriptive title for your BLAST search [?](#)

Align two or more sequences [?](#)

Choose Search Set

Database

Human genomic + transcript Mouse genomic + transcript Others (nr etc.):

Nucleotide collection (nr/nt) [?](#)

16S GENE BLAST RESULTS: *L. RHAMNOSUS*

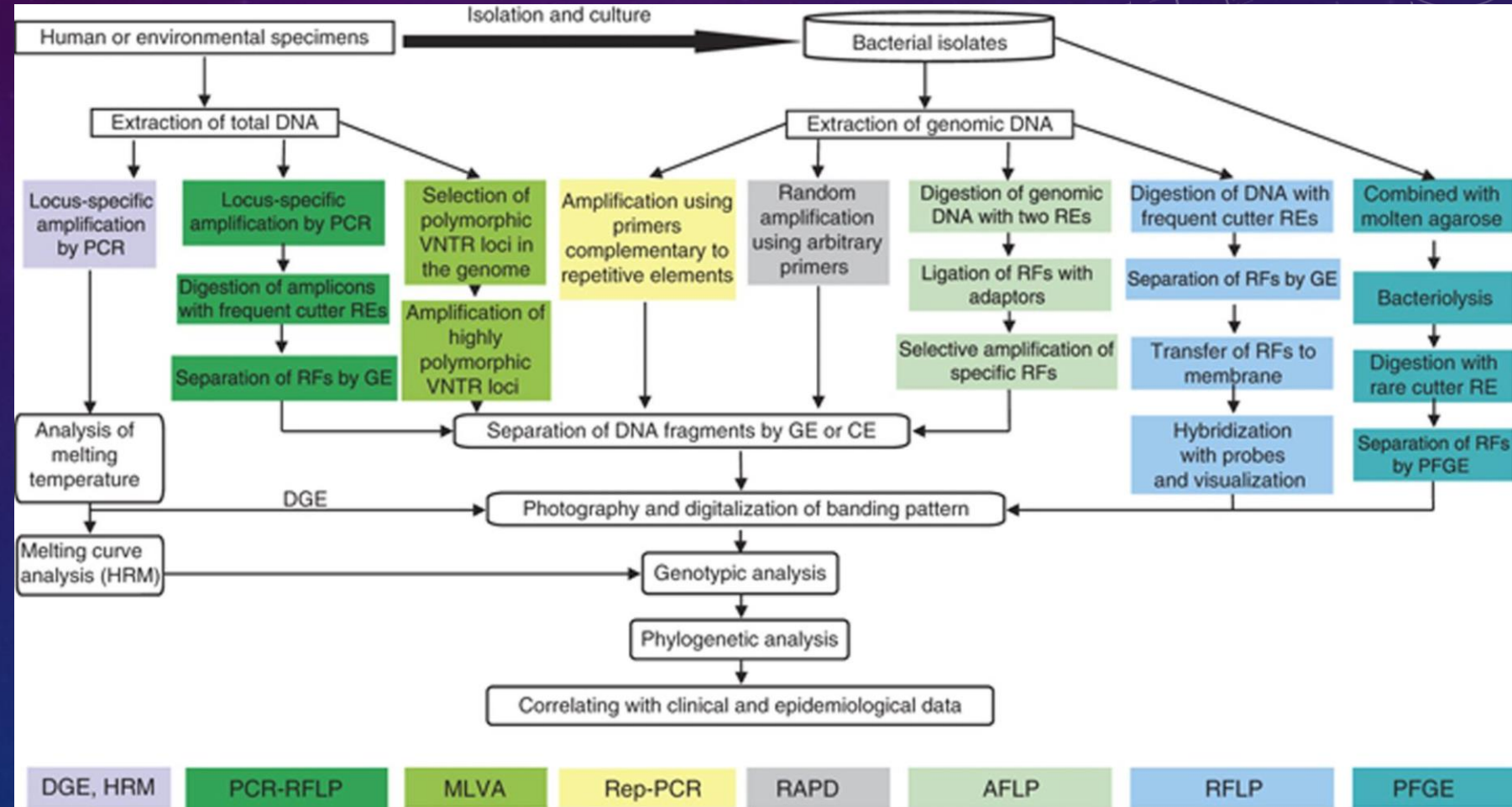
Database	Description	E Value	Free end gaps	Grade
nr	Lactobacillus rhamnosus GG whole genome sequence, strain GG (ATCC 53103)	0	TRUE	89.20%
nr	Lactobacillus rhamnosus strain WQ2 genome	0	TRUE	89.20%
nr	Lactobacillus rhamnosus strain LRB, complete genome	0	TRUE	89.10%
nr	Lactobacillus rhamnosus strain BFE5264, complete genome	0	TRUE	89.20%

16S SEQUENCE -> SPECIES ID BUT NOT SPECIFIC STRAIN

Bc-2F-TRIMMED		Digestive Advantage Probiotic									
#Nucleotides	Sequences	#Nucleotides	#Sequences	%Identical	%Pairwise	%GC	Accession	Bit-Score	Cre	Date	Description
0	2504	2	2	99.50%	99.50%	56.30%	JN366734.1	2279.89	Wecnr		Bacillus coagulans strain 55N1-6 16S ribosomal RNA gene, partial sequence
0	2506	2	2	99.40%	99.40%	56.10%	FR727705.1	2272.5	Wecnr		Bacillus sp. IMM05 partial 16S rRNA gene, strain IMM05
0	2504	2	2	99.40%	99.40%	56.20%	KU612257.1	2274.35	Wecnr		Bacillus sp. BRTC-4 16S ribosomal RNA gene, partial sequence
0	2502	2	2	99.40%	99.40%	56.40%	KT351636.1	2272.5	Wecnr		Bacillus coagulans 16S ribosomal RNA gene, partial sequence
Bc-2R-TRIMMED		Digestive Advantage Probiotic									
#Nucleotides	Sequences	#Nucleotides	#Sequences	%Identical	%Pairwise	%GC	Accession	Bit-Score	Cre	Date	Description
0	2613	2	2	99.10%	99.10%	56.30%	CP010525	2348.21	Wecnr		Bacillus coagulans strain HM-08, complete genome
0	2612	2	2	98.90%	98.90%	56.60%	JX569800	2331.59	Wecnr		Bacillus coagulans strain KM-1 16S ribosomal RNA gene, partial sequence
0	2612	2	2	99.30%	99.30%	56.20%	JF764794	2364.83	Wecnr		Bacillus coagulans strain 001RC 16S ribosomal RNA gene, partial sequence
0	2611	2	2	98.90%	98.90%	56.60%	LC140744	2335.29	Wecnr		Bacillus coagulans gene for 16S ribosomal RNA, partial sequence, strain: BA375
Bc-Kev-F-TRIMMED		Kevita Probiotic Drink									
#Nucleotides	Sequences	#Nucleotides	#Sequences	%Identical	%Pairwise	%GC	Accession	Bit-Score	Cre	Date	Description
0	813	2	2	94.10%	94.10%	57.20%	CP017888	617.901	Wecnr		Bacillus coagulans strain BC-HY1, complete genome
0	813	2	2	94.10%	94.10%	57.50%	CP017888	617.901	Wecnr		Bacillus coagulans strain BC-HY1, complete genome
0	813	2	2	94.30%	94.30%	57.50%	CP017888	623.441	Wecnr		Bacillus coagulans strain BC-HY1, complete genome
0	813	2	2	94.30%	94.30%	56.80%	CP011939	623.441	Wecnr		Bacillus coagulans strain 5-lac, complete genome
Bc-Kev-R-TRIMMED		Kevita Probiotic Drink									
#Nucleotides	Sequences	#Nucleotides	#Sequences	%Identical	%Pairwise	%GC	Accession	Bit-Score	Cre	Date	Description
0	1122	2	2	98.40%	98.40%	56.70%	CP011939	987.231	Wecnr		Bacillus coagulans strain 5-lac, complete genome
0	1122	2	2	98.40%	98.40%	56.70%	CP010525	987.231	Wecnr		Bacillus coagulans strain HM-08, complete genome
0	1122	2	2	98.40%	98.40%	56.70%	CP003056	987.231	Wecnr		Bacillus coagulans B6D1, complete genome
0	1122	2	2	98.40%	98.40%	56.70%	CP003056	987.231	Wecnr		Bacillus coagulans B6D1, complete genome

HOW CAN DNA BE USED TO GET STRAIN LEVEL ID? "STRAIN TYPING"

- Whole-genome sequencing
- PCR of a specific subset of genes
- Restriction fragment length analysis



2

MICROBIAL ID USING MATRIX ASSISTED
LASER DESORPTION IONIZATION- TIME
OF FLIGHT MASS SPECTROMETRY
(MALDI-TOF MS) AND THE AXIMA ID
PLUS MICROBIAL ID SYSTEM

STANDARD WORKFLOW TO IDENTIFY BACTERIA



SOURCE



ISOLATED COLONY

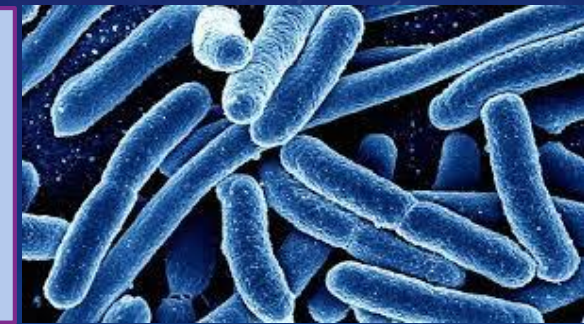
ANALYZE metabolism: BIOLOG

- Inoculate in 96well plate
 - Incubate 24 hr
- Read + wells in Plate reader

2

MALDI-TOF

SEARCH DATABASE
(GenIII Bacterial DB)
BIOLOG SYSTEM



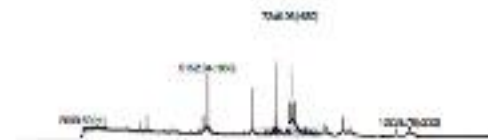
Hi, My Name is _____

MATRIX ASSISTED LASER DESORPTION IONIZATION- TIME OF FLIGHT MASS SPECTROMETRY (MALDI-TOF MS)

- Microbial identification is applicable to many fields, including clinical diagnostics and food microbiology
- MALDI- TOF MS produces a mass fingerprint based on the composition of proteins in a sample
- In this study, MALDI was used for the identification of bacteria isolated from over the counter probiotics



Pure culture of bacterium/



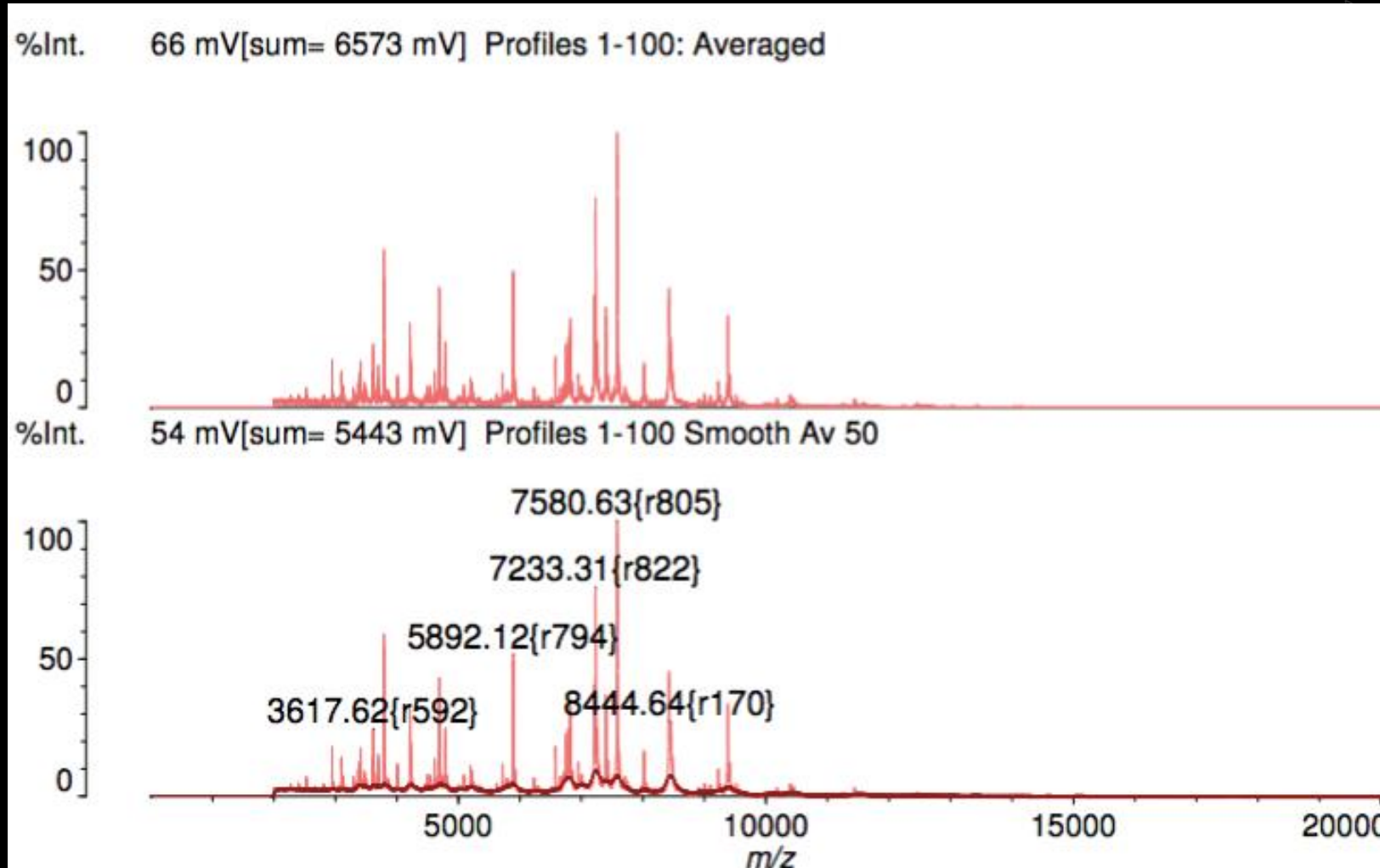
Mass fingerprint

- Spot biomass from a colony onto MALDI-TOF target plate
- Gram pos. bacteria – mix with 1 μ l 25% formic acid, air dry, then mix with 1 μ l organic matrix (CHCA)
- Gram neg. bacteria – mix with 1 μ l organic matrix (CHCA)

Load plate into MALDI-TOF MS

- After loading plate into MALDI-TOF, a laser is used to ionize sample. Desorption & ionization create individual protonated ions. The positively charged ions are accelerated through a field of high voltage which separates the protonated ions based on a mass to charge ratio. Smaller ions hit a detector sooner than larger ions. **The difference in time of flight of ions in the sample is utilized to generate a spectrum known as a peptide mass fingerprint (PMF).**

PEPTIDE MASS FINGERPRINT FOR STRAIN 1 (TUBE LABEL);
MALDI IDENTIFICATION: *LACTOBACILLUS RHAMNOSUS*



MALDI IDENTIFICATION



Tube Label	MALDI ID	Confidence Interval (%)	Label Identification	Method
Strain 13	Bacillus subtilis	96.9	Bacillus subtilis	Normal Protocol
Bacillus subtilis DE111	Bacillus subtilis	99.9	Bacillus subtilis	Normal Protocol
Strain 9	Bacillus subtilis	99.9	Bacillus subtilis	Normal Protocol
Bacillus coagulans SUJA	Bacillus coagulans	93.4	Bacillus coagulans	Normal Protocol
Bacillus coagluans Swanson	Bacillus coagulans	93.1	Bacillus coagulans	Normal Protocol
Strain 2	Lactobacillus pentous/plantarum	84.0	Lactobacillus pentous/plantarum	Normal Protocol
GG culturelle	Lactobacillus rhamnosus	99.9	Lactobacillus rhamnosus	Protein Extraction Method
CVS Lactobacillus rhamnosus	Lactobacillus rhamnosus	99.9	Lactobacillus rhamnosus	Protein Extraction Method
Chaas	Lactobacillus sp.	81.4	N/A	Protein extraction method

The background features a dark grey to black gradient with several overlapping circular elements. On the left side, there is a large circular scale with numerical markings from 140 to 260 in increments of 10. The numbers are oriented radially. Several concentric circles and dashed lines with arrows are scattered across the background, some pointing clockwise and others counter-clockwise, creating a sense of motion or a technical diagram.

BIOLOG GENIII MICROBIAL ID SYSTEM (METABOLIC PROFILE)

3

STANDARD WORKFLOW TO IDENTIFY BACTERIA



SOURCE



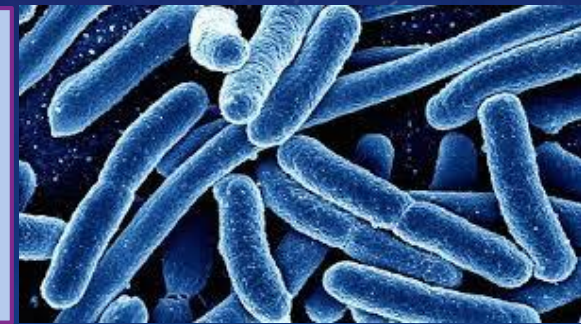
ISOLATED COLONY

ANALYZE metabolism: BIOLOG

- Inoculate in 96well plate
 - Incubate 24 hr
- Read + wells in Plate reader

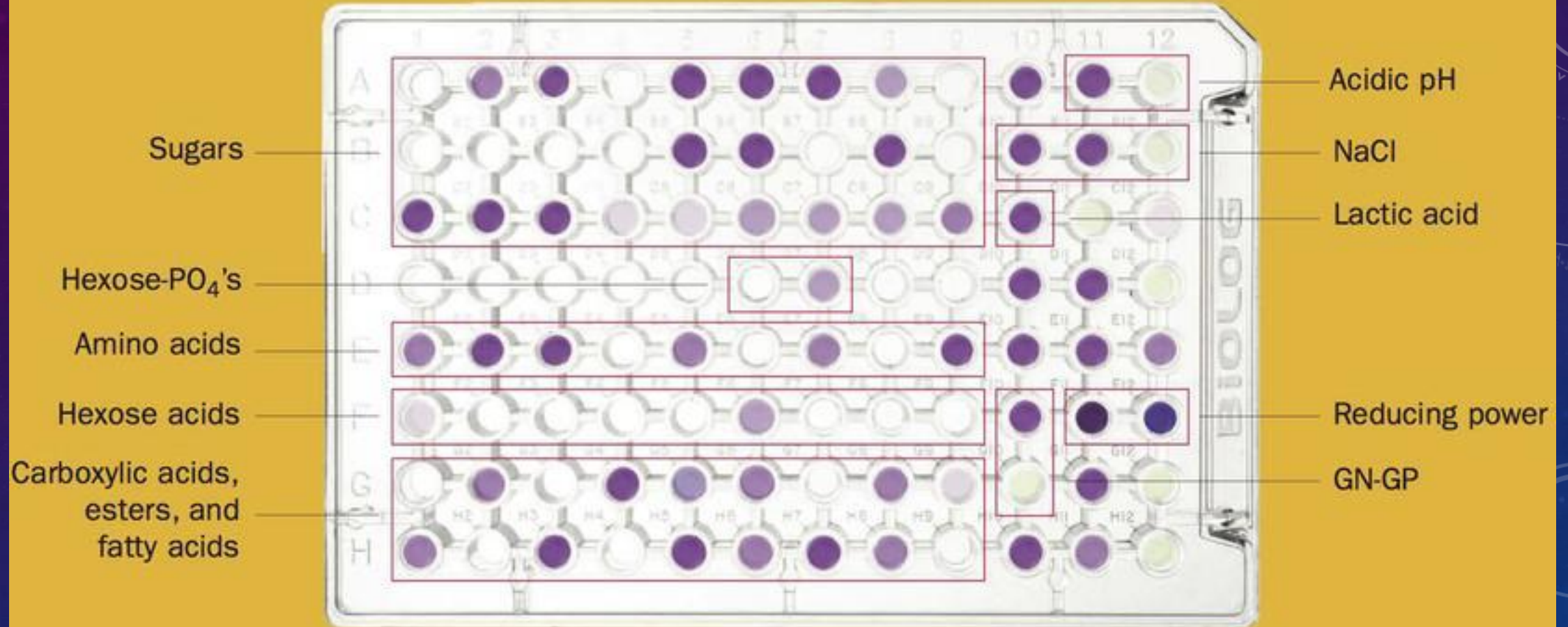
3 BIOLOG

SEARCH DATABASE
(GenIII Bacterial DB)
BIOLOG SYSTEM



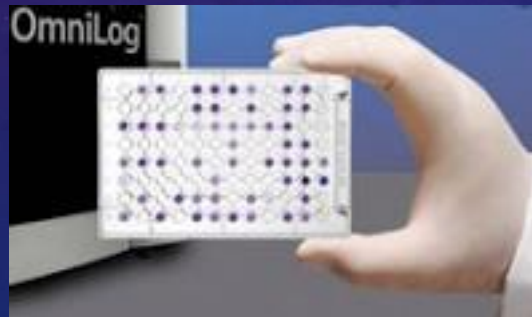
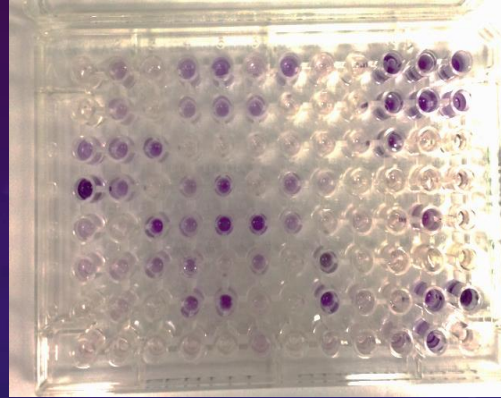
Hi, My Name is _____

ID = *Stenotrophomonas maltophilia*



71 Carbon Source plus 23 Chemical Sensitivity Assays

BIOLOG RESULTS: PURPLE = POSITIVE GROWTH

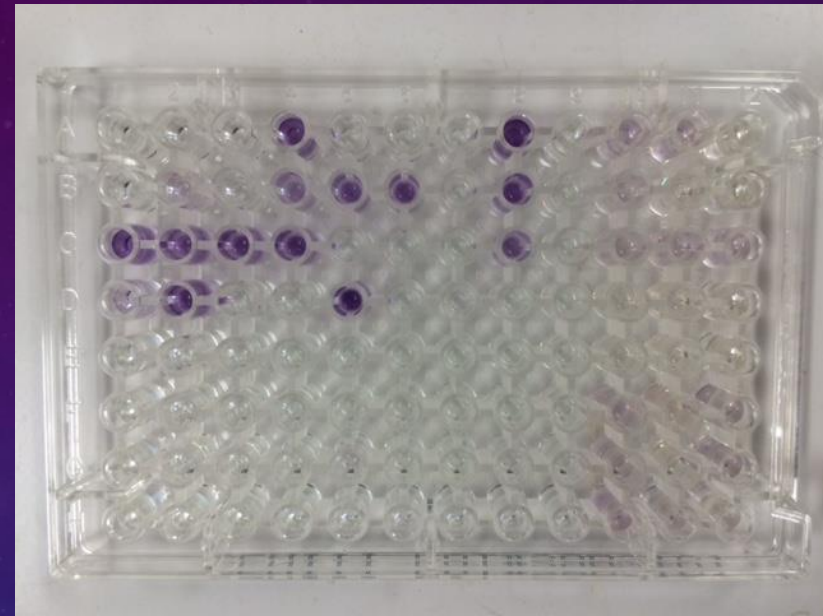
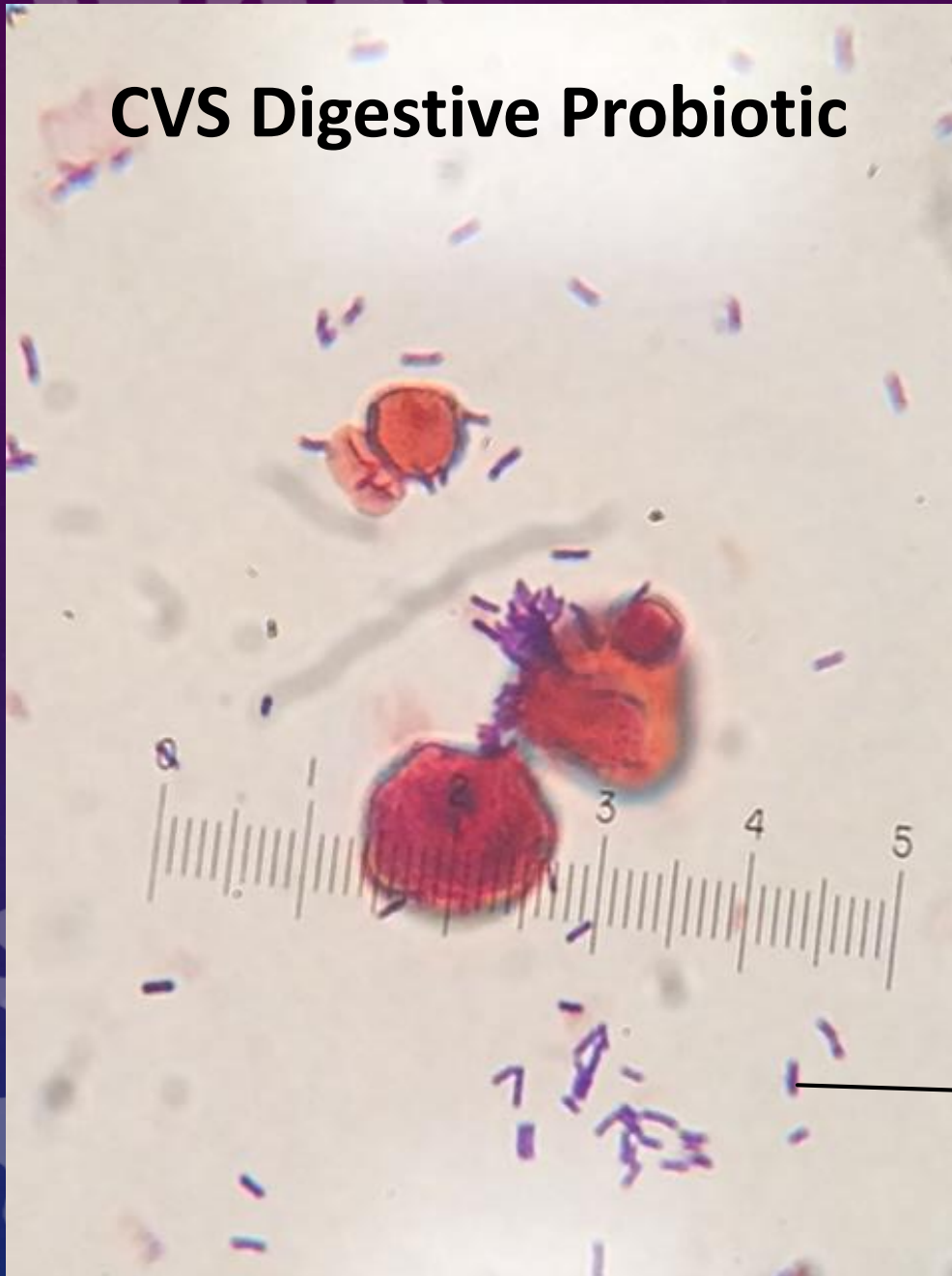


	1	2	3	4	5	6	7	8	9	10	11	12
A	○	◐	○	●	●	◐	●	◐	○	●	●	●
B	○	◐	○	◐	●	●	○	○	○	●	●	◐
C	◐	●	●	○	○	○	○	○	○	●	○	○
D	●	◐	○	◐	●	○	◐	◐	○	○	○	○
E	◐	○	●	●	●	●	◐	○	○	○	●	○
F	◐	◐	◐	●	◐	◐	○	◐	⊕	○	◐	○
G	○	◐	○	●	●	◐	○	●	◐	◐	●	●
H	○	○	○	○	○	◐	○	○	○	◐	◐	○

PROBIOTIC STRAINS CHARACTERIZED WITH BIOLOG

Species	# of Isolates
<i>Bacillus coagulans</i>	3
<i>Bacillus subtilis</i>	4
<i>Lactobacillus plantarum</i>	5
<i>Lactobacillus rhamnosus</i>	5
<i>Saccharomyces</i> (& other yeasts)	4

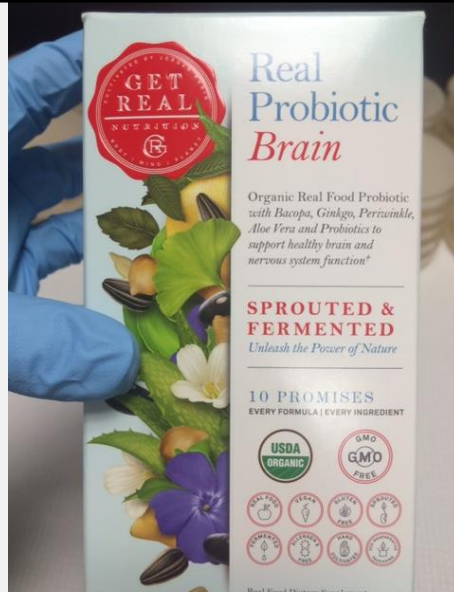
CVS Digestive Probiotic



BIOLÓG Phenotypic panel showing
Growth on different sugars
(purple wells = positive)

Lactobacillus rhamnosus from
"CVS Digestive Probiotic"

“Get Real”
Probiotic
with
Bacillus subtilis



Streak
plate of the
probiotic
powder

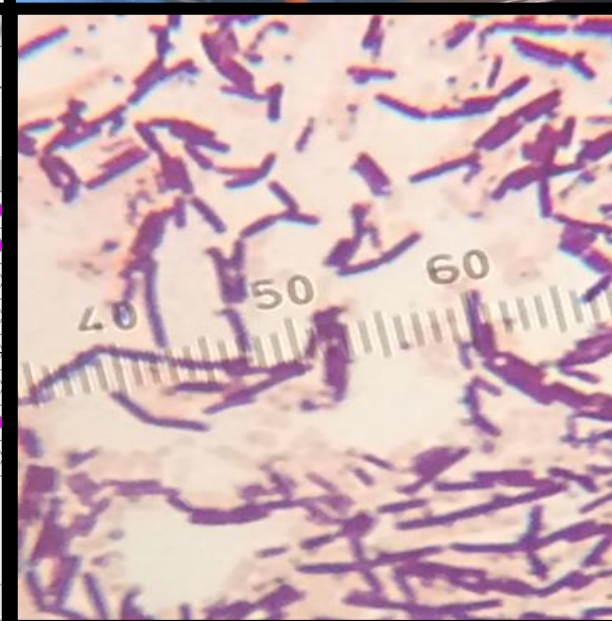
BIOLOG
phenotypic
panel results

Read		File Viewer										
		Pos/Neg										
		1	2	3	4	5	6	7	8	9	10	11
A	○	○	○	○	○	○	○	○	○	○	○	○
B	○	○	○	○	○	○	○	○	○	○	○	○
C	○	○	○	○	○	○	○	○	○	○	○	○
D	○	○	○	○	○	○	○	○	○	○	○	○
E	○	○	○	○	○	○	○	○	○	○	○	○
F	○	○	○	○	○	○	○	○	○	○	○	○
G	○	○	○	○	○	○	○	○	○	○	○	○
H	○	○	○	○	○	○	○	○	○	○	○	○

H6 Acetoacetic Acid

Species ID: *Bacillus atrophaeus/subtilis*

ST	Organism Type	Species
973	GP-RodSB	<i>Bacillus atrophaeus/subtilis</i>
050	GP-RodSB	<i>Bacillus subtilis</i> ss <i>subtilis</i>
541	GP-RodSB	<i>Bacillus mojavensis/subtilis</i>

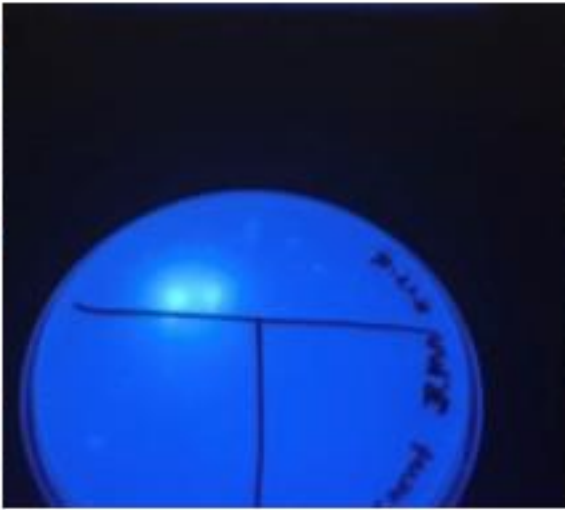


Bacillus
Gram positive
Rods viewed
at 1000x

ISOLATE FROM A GARDEN CARROT

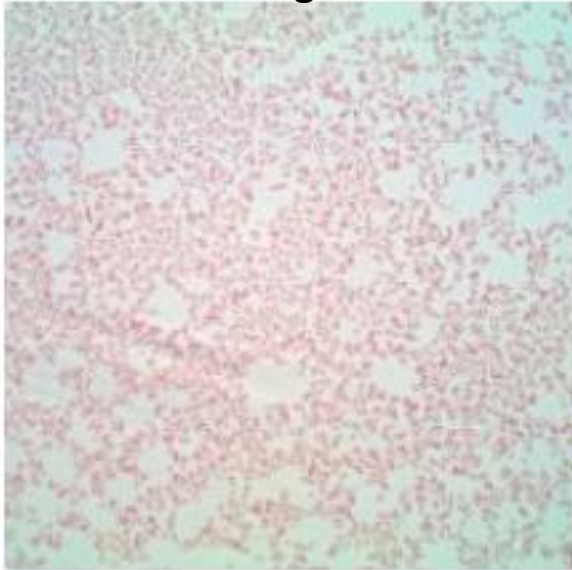


Swabbing carrot sur...

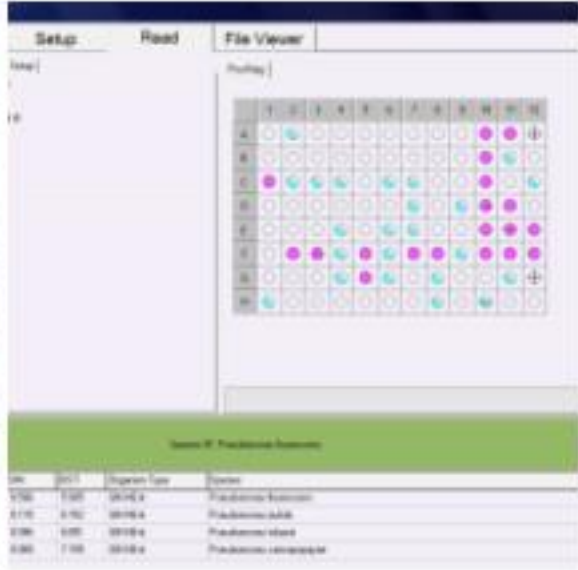


identity: *Pseudomonas fluorescens* 😊 Yay.

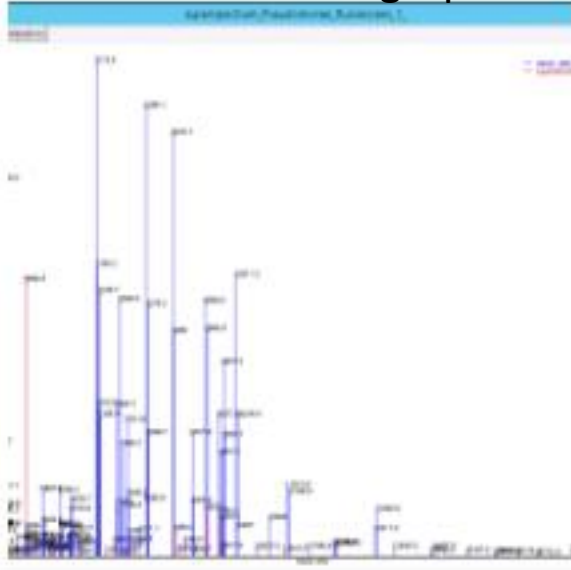
Gram Negative Rods

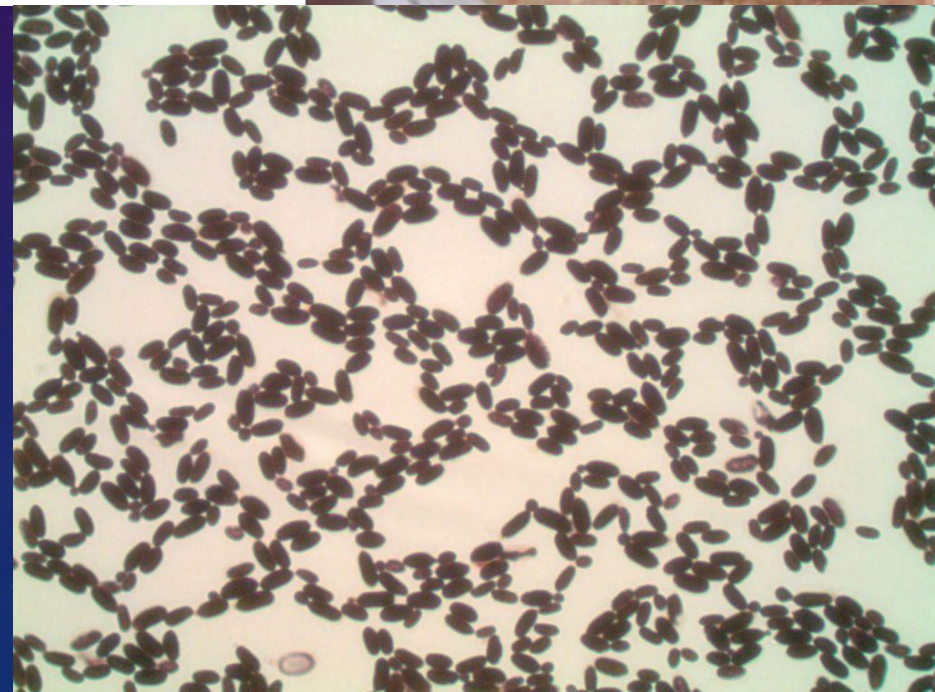
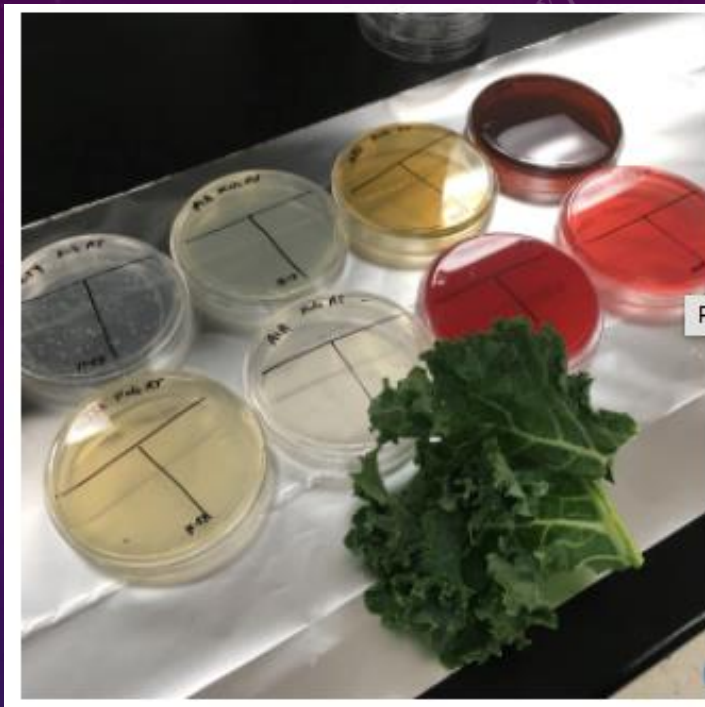


BIOLOG Plate



MALDI mass fingerprint





ISOLATE FROM
KALE:
PINK YEAST
(NO ID, TOP HIT
RHODOTORULA)

Read File Viewer

Pos/Neg

	1	2	3	4	5	6	7	8	9	10	11	12
A	+	○	○	○	○	○	○	○	○	○	○	○
B	○	○	○	○	○	○	○	○	○	○	○	○
C	○	○	○	○	○	○	○	○	○	○	○	○
D	○	○	○	○	○	○	○	○	○	○	○	○
E	○	○	○	○	○	○	○	○	○	○	○	○
F	○	○	○	○	○	○	○	○	○	○	○	○
G	○	○	○	○	○	○	○	○	○	○	○	○
H	○	○	○	○	○	○	○	○	○	○	○	○

Print Setup

no carrot 48h 12-7-16.D5E

No ID

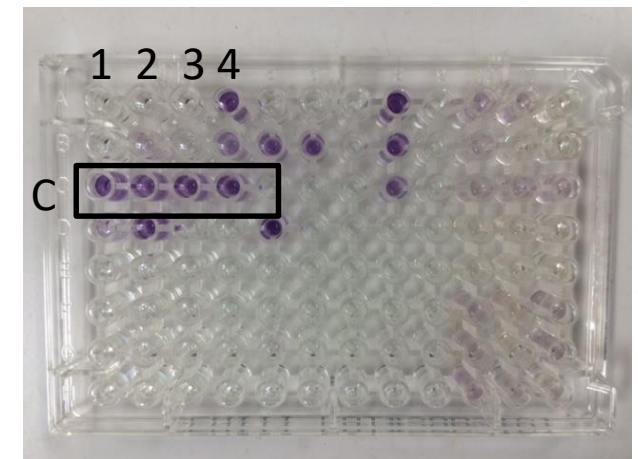
Organism Type Species
Yt Rhodotorula granis

	1	2	3	4	5	6	7	8	9	10	11	12
A	○	●	◐	●	○	○	◐	⊕	○	●	○	○
B	○	●	○	⊕	⊕	●	◐	●	○	◐	○	○
C	●	●	●	●	◐	◐	○	●	○	◐	●	◐
D	◐	●	○	○	●	○	◐	○	○	○	◐	◐
E	○	○	○	○	○	○	○	○	○	○	○	○
F	○	○	◐	●	○	◐	○	○	○	◐	◐	○
G	○	○	○	○	◐	○	○	○	○	◐	○	◐
H	◐	○	○	○	○	○	○	○	○	●	○	○

Lactobacillus rhamnosus

BIOLOG RESULTS: *LACTOBACILLUS RHAMNOSUS* STRAINS FROM 4 PROBIOTIC PRODUCTS

		<i>L. rhamnosus</i>			
		CVS	PrimKids1-EEGG	WholeBiotics	
		<i>L. rhamnosus</i>	Biolog®MetabolicFingerprint(<i>L. r</i>		
Well	CarbonSource	CVSDigestive	EEPrimkids	Culturelle	Wholebiotics
A1	NegativeControl	-	-	-	-
A2	Dextrin	h	P	h	h
A3	D-Maltose	-	h	h	-
A4	D-Trehalose	P	P	P	P
A5	D-Cellobiose	-	-	h	h
A6	Gentiobiose	-	-	-	-
A7	Sucrose	-	h	h	-
A8	D-Turanose	P	h(+)	h	?
B1	D-Raffinose	-	-	-	-
B2	alpha-D-Lactose	h	P	-	h
B3	D-Malibiose	-	-	-	-
B4	beta-Methyl-D-Glucoside	P	?	-	P
B5	D-Salicin	P	?	h(+)	P
B6	N-Acetyl-D-Glucosamine	P	P	P	P
B7	N-Acetyl-D-Mannosamine	-	h	h	-
B8	N-Acetyl-D-Galactosamine	P	P	h	h
C1	alpha-D-Glucose	P	P	P	P
C2	D-Mannose	P	P	P	P
C3	D-Fructose	P	P	P	P
C4	D-Galactose	P	P	P	P
C5	3-Methyl-Glucose	-	h	-	-
C6	D-Fucose	-	h	h	-
C7	L-Fucose	-	-	-	-
C8	L-Rhamnose	P	P	-	h



	1	2	3	4	5	6	7	8	9	10	11	12
A	○	●	◐	●	○	○	◐	⊕	○	●	○	○
B	○	●	○	⊕	⊕	●	◐	●	○	◐	○	○
C	●	●	●	●	◐	◐	○	●	○	◐	●	◐
D	◐	●	○	○	●	○	◐	○	○	○	◐	◐
E	○	○	○	○	○	○	○	○	○	○	○	○
F	○	○	◐	●	○	◐	○	○	○	◐	◐	○
G	○	○	○	○	◐	○	○	○	○	◐	○	◐
H	◐	○	○	○	○	○	○	○	○	●	○	○

Lactobacillus rhamnosus

	1	2	3	4	5	6	7	8	9	10	11	12
A	○	◐	●	●	●	●	●	●	○	◐	◐	○
B	○	●	○	●	●	●	◐	○	○	◐	◐	○
C	●	●	●	⊕	○	○	○	○	○	◐	○	◐
D	●	●	○	○	◐	○	○	○	○	○	◐	○
E	○	○	○	○	○	○	○	○	○	○	○	○
F	●	○	○	●	○	○	○	○	○	◐	●	○
G	○	○	○	○	○	○	○	○	○	◐	○	◐
H	◐	○	○	○	○	○	○	○	○	◐	◐	○

Lactobacillus plantarum

BIOLOG RESULTS:
L. PLANTARUM VS.
L. RHAMNOSUS

		L. plantarum					L. rhamnosus							
BIOLOG PLATE		FF DrA RUF Swa 299V					CVS PrimEPrimGG Who							
		Biolog Metabolic fingerprint (L. plantarum)					Biolog Metabolic fingerprint (L. rhamnosus)							
Well	Carbon Source	Fru	Dr.	Ren	Swa	299	REF	Well	Carb	Diges	Prim	krim	kult	reble
A1	Negative Control	-	-	-	-	-	-	A1	Nega	-	-	-	-	-
A2	Dextrin	h	h	h	(line	h	h	A2	Dext	h	P	h	h	h
A3	D-Maltose	P	P	P	P	P	h	A3	D-Ma	-	h	h	h	-
A4	D-Trehalose	P	P	P	P	P	h	A4	D-Tre	P	P	P	P	P
A5	D-Cellobiose	P	P	P	P	P	h	A5	D-Ce	-	-	-	h	h
A6	Gentiobiose	P	P	P	P	P	h	A6	Gent	-	-	-	-	-
A7	Sucrose	P	P	P	P	P	h	A7	Sucr	-	h	-	h	-
A8	D-Turanose	P	P	P	P	P	h	A8	D-Tu	P	h(+)	?	h	?
B1	D-Raffinose	-	-	-	-	-	-	B1	D-Ra	-	-	-	-	-
B2	alpha-D-Lactose	?	h	P	P	P	h	B2	alph	h	P	P	-	h
B3	D-Malibiose	h	-	-	h	-	-	B3	D-Ma	-	-	-	-	-
B4	beta-Methyl-D-Glucose	P	P	P	P	P	h	B4	beta	P	?	?	-	P
B5	D-Salicin	P	P	P	h	P	h	B5	D-Sa	P	?	?	h(+)	P
B6	N-Acetyl-D-Glucosamine	P	P	P	P	P	h	B6	N-Ac	P	P	P	P	P
B7	N-Acetyl-D-Mannosamine (line)	-	h	-	h	-	-	B7	N-Ac	-	h	-	h	-
B8	N-Acetyl-D-Galactosamine	-	-	-	-	-	-	B8	N-Ac	P	P	P	h	h
C1	alpha-D-Glucose	P	P	P	P	P	h	C1	alph	P	P	P	P	P
C2	D-Mannose	P	P	P	P	P	h	C2	D-Ma	P	P	P	P	P
C3	D-Fructose	P	P	P	P	P	h	C3	D-Fr	P	P	P	P	P
C4	D-Galactose	h	P	?	h	?	h	C4	D-Ga	P	P	P	P	P
C5	3-Methyl-Glucose	-	-	-	h	-	-	C5	3-Me	-	h	-	-	-
C6	D-Fucose	-	-	-	-	-	-	C6	D-Fu	-	h	h	h	-
C7	L-Fucose	-	-	-	-	-	-	C7	L-Fu	-	-	-	-	-
C8	L-Rhamnose	-	-	-	-	-	-	C8	L-Rh	P	P	P	-	h

Microlog 3 (5.2)

Main

Setup

Read

File Viewer

Read Information

Read Setup

Project ML5
 Plate Number 1
 Plate Type GEN III
 Protocol B
 Strain Type
 Incubation Hours 48

Sample ID

Field 2

Field 3

Field 4

Field 5

Field 6

Field 7

Field 8

Field 9

Field 10

Bacillus subtilis

Pos/Neg

	1	2	3	4	5	6	7	8	9	10	11	12
A	○	●	◐	●	◐	◐	●	◐	◐	●	●	◐
B	◐	○	◐	●	●	◐	○	○	○	●	●	●
C	◐	◐	◐	○	○	○	○	◐	○	●	○	○
D	●	●	○	◐	●	○	◐	◐	○	○	○	○
E	◐	○	●	◐	●	◐	◐	○	○	○	◐	○
F	◐	◐	●	●	○	◐	⊕	○	⊕	○	◐	◐
G	○	◐	○	●	●	○	○	●	◐	○	●	●
H	○	○	○	○	○	○	○	○	◐	●	⊕	◐

B1 D-Raffinose

Species ID: Bacillus subtilis ss subtilis

	PROB	SIM	DIST	Organism Type	Species
==>1	0.704	0.704	4.194	GP-RodSB	Bacillus subtilis ss subtilis

BIOLOG RESULTS:

L. PLANTARUM

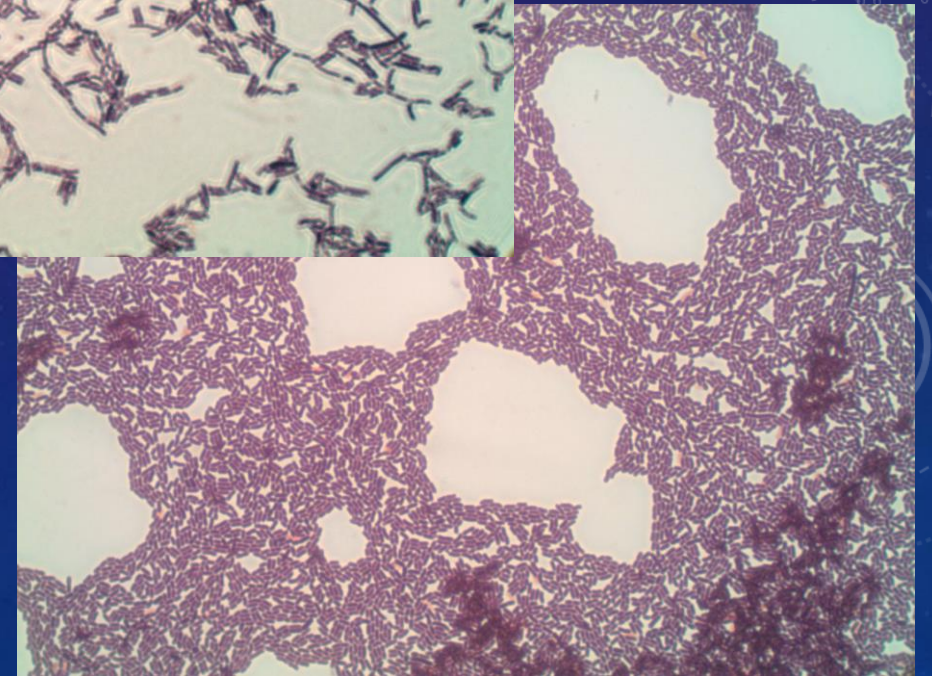
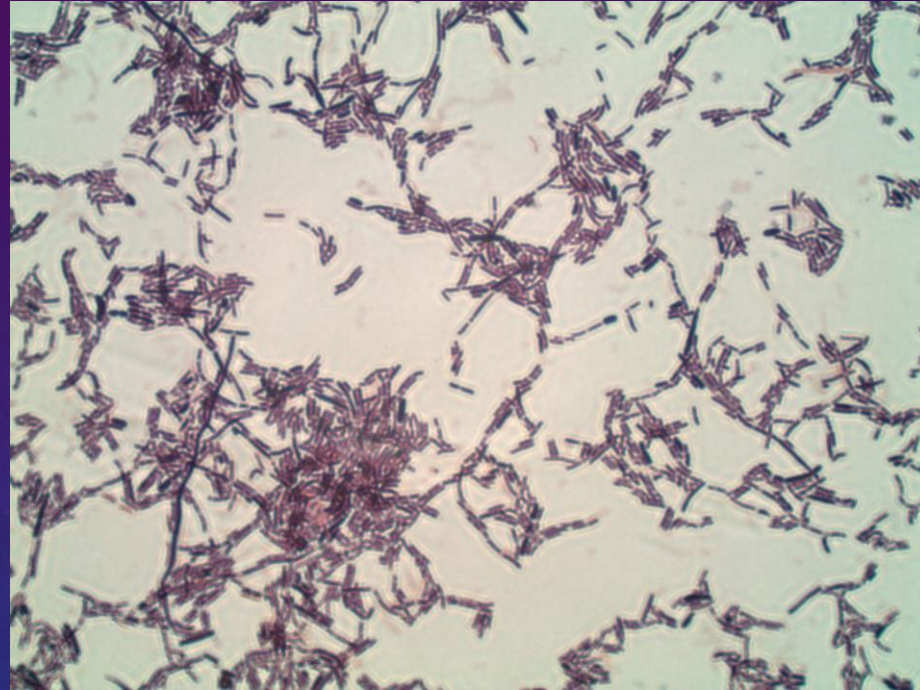
VS.

B. SUBTILIS

		UTILIZATION OF CARBON SOURCES, cont.								
		L. plantarum					B. subtilis			
		FF	DrA	RUF	Swa	299V	DE11	GR	GoL	Swa
		Biological Metabolic fingerprint (L. plantarum plates)					B. subtilis	B. subtilis	B. subtilis	B. subtilis
Well	Carbon Source	Fruiteflygut	Dr. Axe	RenewUltFlo	Swanson	299VGB	111-AdvStrP	GETREAL	GardenOfLife	Swanson(cor)
D1	D-Sorbitol	P	P	P	h	P	P	P	P	-
D2	D-Mannitol	P	P	P	P	P	P	h	h	h
D3	D-Arabitol	-	h	-	-	-	-	-	-	-
D4	myo-Inositol	-	-	-	-	-	h	h	h	h(?)
D5	Glycerol	P	h	h	h	h	P	h	P	P
D6	D-Glucose-6-PO4	-	-	-	-	-	-	-	-	-
D7	D-Fructose-6-PO4	-	-	-	h	-	h	h	h	P(line)
D8	D-Aspartic acid	-	-	-	-	-	h	h	-	-
E1	Gelatin	-	-	-	-	-	h	h	-	h
E2	Glycyl-L-Proline	-	-	-	-	-	-	-	-	-
E3	L-Alanine	-	-	-	-	-	P	P	P	P(line)
E4	L-Arginine	-	-	-	-	-	h	h	-	h
E5	L-Aspartic acid	-	-	-	-	-	P	P	h	h
E6	L-Glutamic acid	-	-	-	-	-	h	h	h	h
E7	L-Histidine	-	-	-	-	-	h	h	-	h
E8	L-Pyroglutamic acid	-	-	-	-	-	-	-	-	-
F1	Pectin	P	P	P	P	P	h	h	h	h
F2	D-Galacturonic acid	-	-	-	-	-	h	h	h	h
F3	L-Galactonic acid Lacton	-	-	-	-	-	P	h	h	h(line)
F4	D-Gluconic acid	P	P	P	P(line)	P	P	h	h	h

Amino acids!

“WHAT’S THE DIFFERENCE BETWEEN ME & YOU?”



DR. DRE

DR. DRE & EMINEM
2001



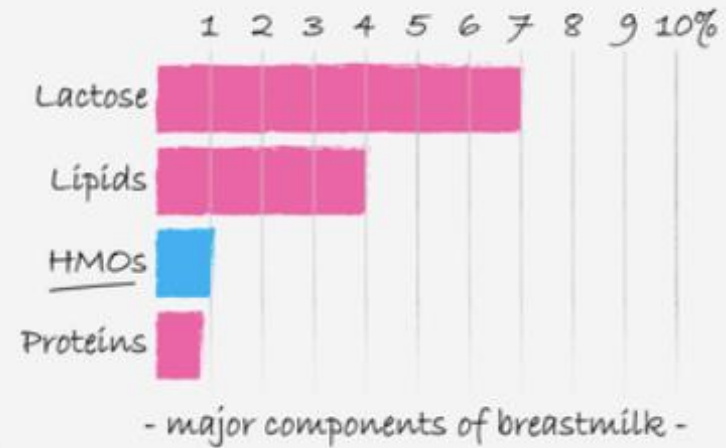
CONCLUSIONS FROM BIOLOG METABOLIC PROFILING

- Reveals Carbon source utilization by probiotic bacteria a.k.a. **“what the microbes we eat, eat”**
- *Lactobacillus* strains primarily metabolize sugars, while *Bacillus* can use a wider range of Carbon sources
- Relates to probiotic properties (i.e. bacterial end-product of lactic acid, short-chain fatty acids- production depend on preferred C sources being available in our diet)
- Limitation: Does not give all info about probiotic effect (antibiotic production, antibacterial, adhesion/colonization)

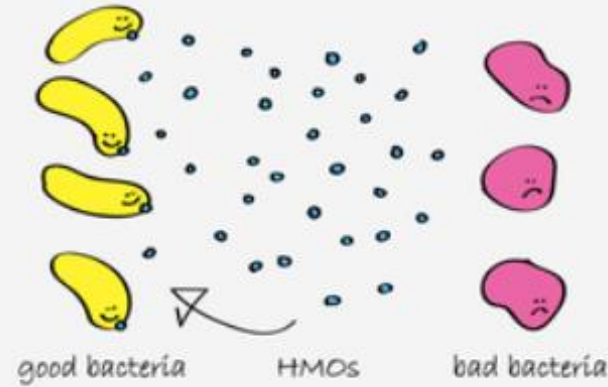
FEED THE MICROBES WHAT THEY LIKE TO EAT!

Human Milk Oligosaccharides Explained

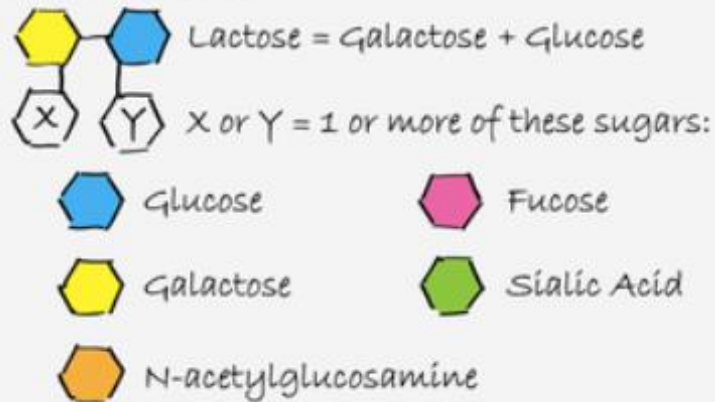
-HMOs are naturally abundant in breastmilk



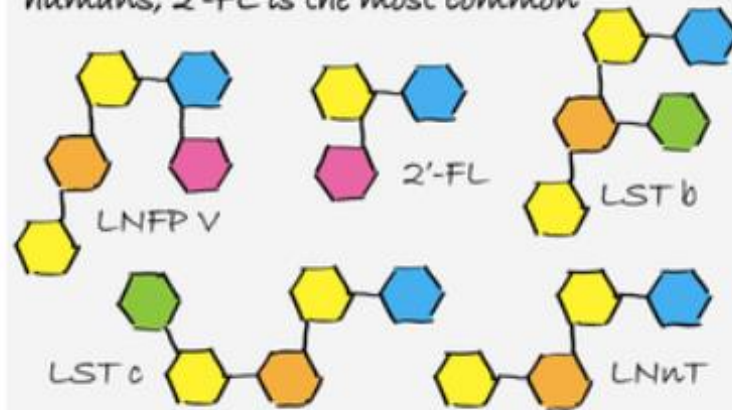
-HMOs are prebiotics: food for the beneficial bacteria living in the infant's gut



-HMOs are lactose-based chains of 3 to 22 sugar molecules

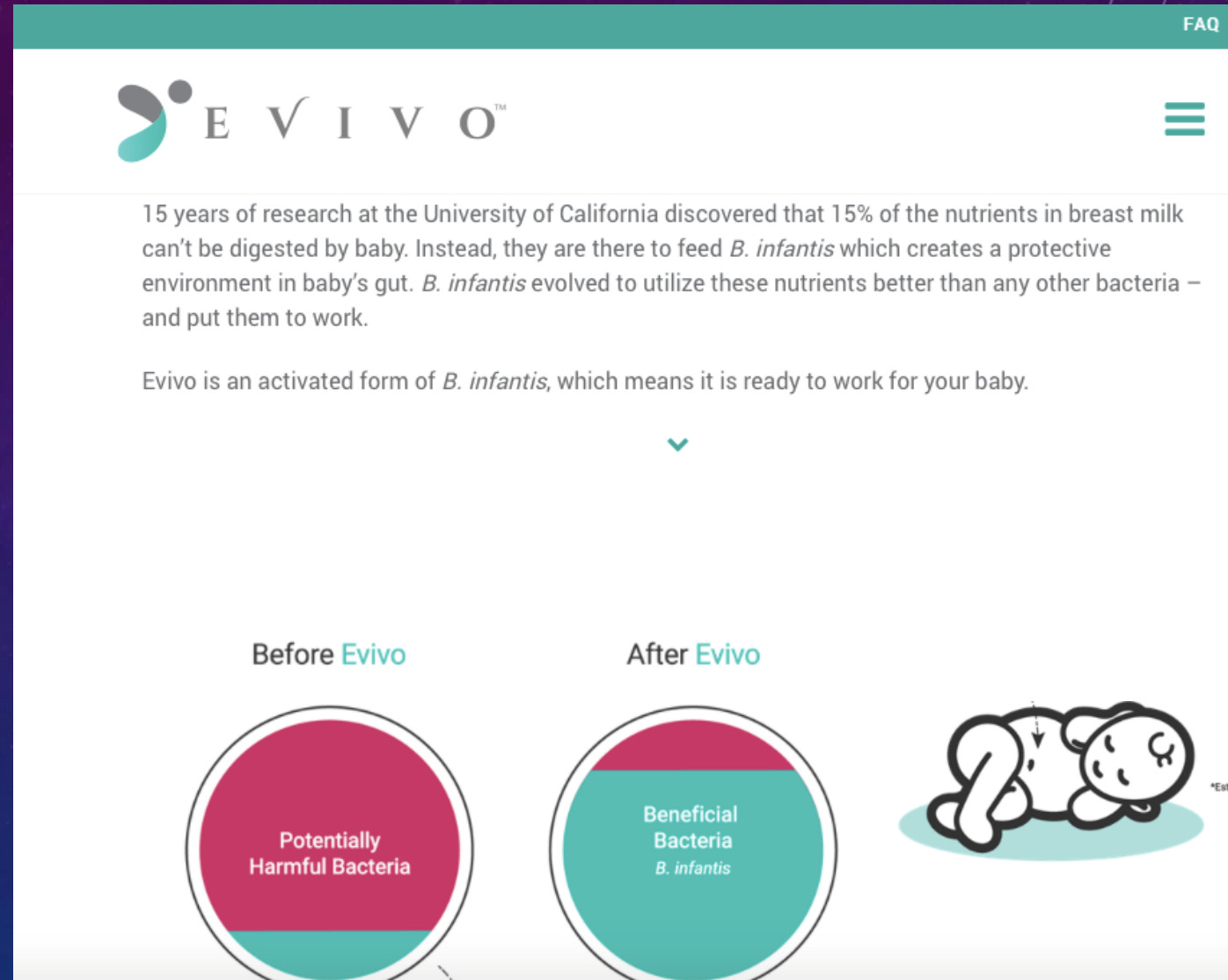


-About 200 different HMOs are known in humans; 2'-FL is the most common



PREBIOTICS: FEED THE MICROBES WHAT THEY LIKE TO EAT!

Evivo sells an activated form of *B. infantis*, which is missing in microbiomes of many American infants! Adding this strain back in and breast-feeding can help restore a healthy microbiome.



FAQ

EVIVO™

15 years of research at the University of California discovered that 15% of the nutrients in breast milk can't be digested by baby. Instead, they are there to feed *B. infantis* which creates a protective environment in baby's gut. *B. infantis* evolved to utilize these nutrients better than any other bacteria – and put them to work.

Evivo is an activated form of *B. infantis*, which means it is ready to work for your baby.

Before Evivo

After Evivo

Potentially Harmful Bacteria

Beneficial Bacteria
B. infantis

**Esti*

The screenshot shows the Evivo website interface. At the top right is a 'FAQ' link. The Evivo logo is prominently displayed. The main text block explains the scientific basis of the product, citing research from the University of California. Below this, a small green downward arrow indicates a transition to a diagram. The diagram consists of two circular representations of a gut microbiome. The left circle, labeled 'Before Evivo', is mostly red and labeled 'Potentially Harmful Bacteria'. The right circle, labeled 'After Evivo', is mostly teal and labeled 'Beneficial Bacteria B. infantis'. To the right of the circles is a cartoon illustration of a baby lying on its back, with a small teal circle on its stomach and a downward arrow pointing to it. A small asterisk and the word 'Esti' are visible at the bottom right of the diagram.

CONSISTENT RESULTS WITH 3 IDENTIFICATION METHODS

Protein
activity

DNA

protein

Tube Label	Label Identification	BIOLOG Result	16S seq BLAST Result	MALDI Result	Confidence Interval	Method
Strain 13	<i>Bacillus subtilis</i>	<i>Bacillus subtilis</i>	<i>Bacillus subtilis</i>	<i>Bacillus subtilis</i>	96.9	Normal Protocol
<i>Bacillus subtilis</i> DE111	<i>Bacillus subtilis</i>	<i>Bacillus subtilis</i>	<i>Bacillus subtilis</i>	<i>Bacillus subtilis</i>	99.9	Normal protocol
Strain 9	<i>Bacillus subtilis</i>	<i>Bacillus atrophaeus/subtilis</i>	<i>Bacillus</i> sp. strain BCBT29	<i>Bacillus subtilis</i>	99.9	Normal Protocol
<i>Bacillus coagulans</i> SUJA	<i>Bacillus coagulans</i>	No ID	<i>Bacillus coagulans</i>	<i>Bacillus coagulans</i>	93.4	Normal Protocol
<i>Bacillus coagulans</i> Swanson	<i>Bacillus coagulans</i>	<i>Bacillus vallismortis/subtilis</i> **	contam: <i>Bacillus subtilis</i> **	<i>Bacillus coagulans</i>	93.1	Normal Protocol
Strain 2	<i>Lactobacillus pentosus/plantarum</i>	<i>Lactobacillus plantarum</i>	<i>Lactobacillus plantarum</i>	<i>Lactobacillus pentosus/plantarum</i>	84	Normal Protocol
Strain 1	<i>Lactobacillus rhamnosus</i>	<i>Weissella viridescens</i>	<i>Lactobacillus rhamnosus</i>	<i>Lactobacillus rhamnosus</i>	99.9	Protein Extraction Method
CVS <i>Lactobacillus rhamnosus</i>	<i>Lactobacillus rhamnosus</i>	<i>Lactobacillus rhamnosus</i>	<i>Lactobacillus casei</i>	<i>Lactobacillus rhamnosus</i>	99.9	Protein Extraction Method
Chaas	N/A	<i>Lactobacillus rhamnosus</i>	<i>Lactobacillus rhamnosus</i>	<i>Lactobacillus</i> sp.	81.4	Protein Extraction Method

“WILL THE REAL “L. RHAMNOSUS GG” PLEASE STAND UP?”



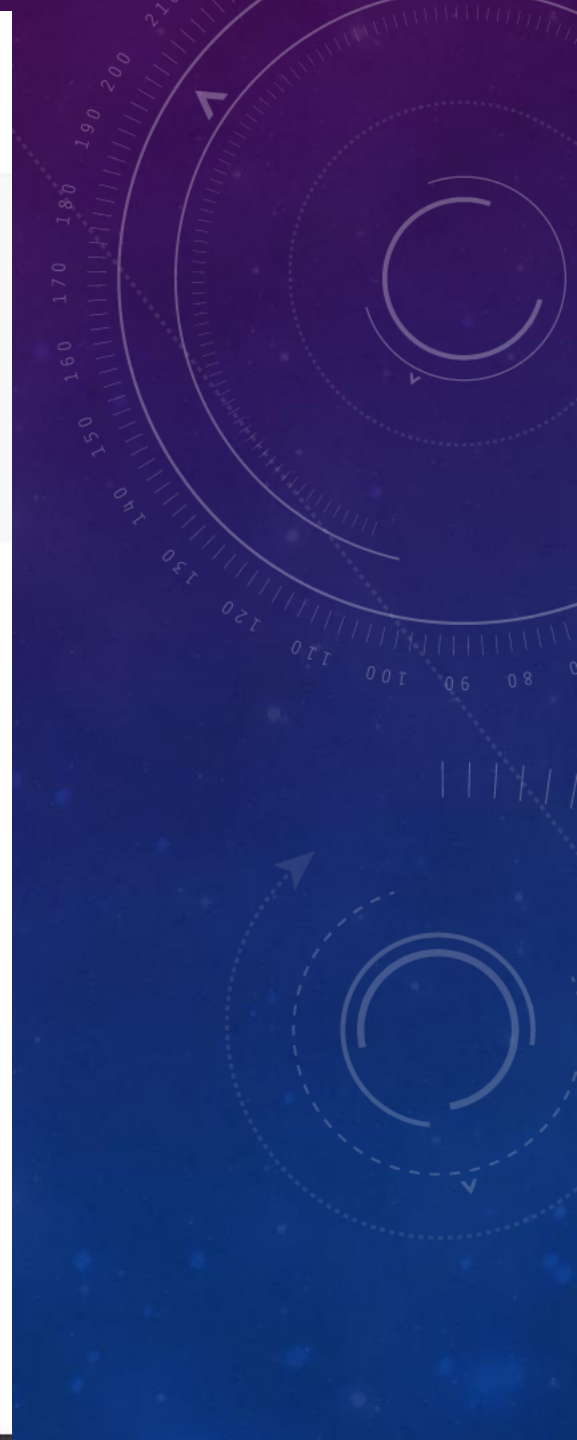
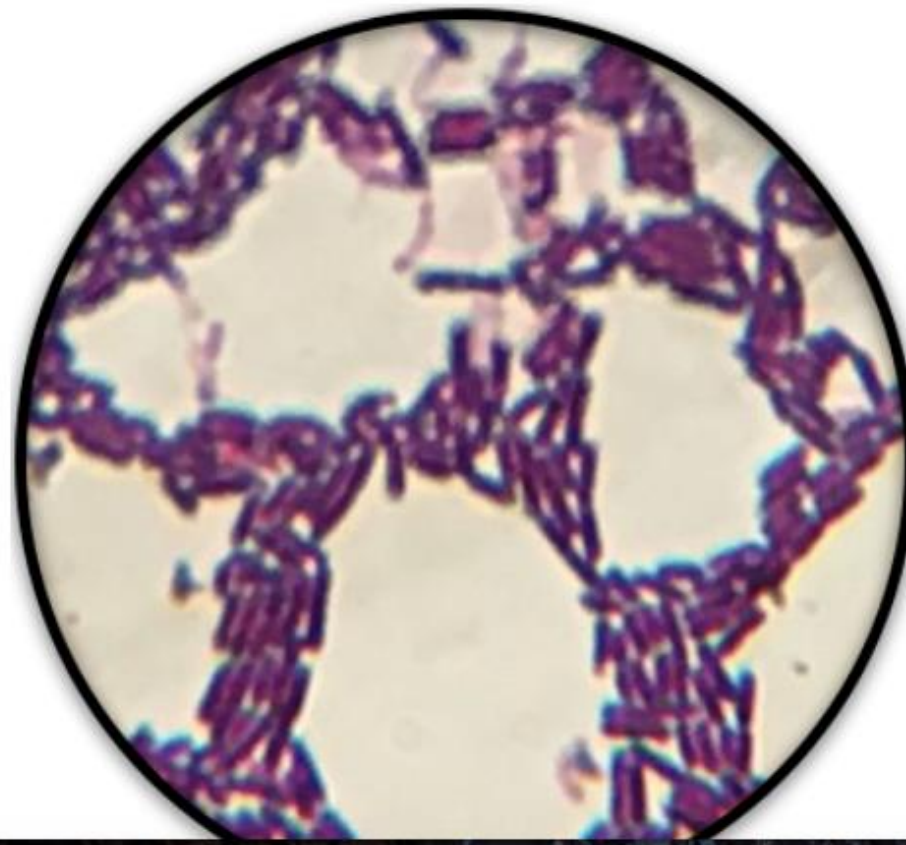
LACTOBACILLUS RHAMNOSUS

Home / Lactobacillus / Lactobacillus rhamnosus

Lactobacillus
rhamnosus

Well-studied
probiotic with
many clinical
studies

Strains: *L.*
rhamnosus GG,



TOPICS FOR TODAY

- Part I. Identifying & Characterizing Beneficial Microbes
 - Microbiome explosion & Future outlook for probiotics & therapies
 - 3 approaches to identify bacterial strains
 - PCR
 - MALDI TOF
 - BIOLOG
 - Probiotics & unknowns
 - Carbon Sources & Prebiotics: What the microbes we eat, eat!
- **Part II. Molecular signatures of Human Disease**
 - **Genetic markers vs. Circulating biomarkers of disease**
 - **miRNAs associated with cancer**

RNA

DNA

Questions that can be answered by cancer biomarkers

Prognostic

Is it likely to develop this cancer?

Diagnostic

What type of cancer is it?

Predictive

Is this the optimal drug for my cancer?

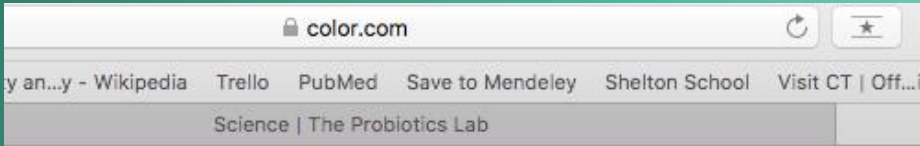
Pharmacodynamics

What's the optimal dose for my body?

Recurrence

Will the cancer return?

GENETIC RISK FOR HEREDITARY DISEASE (EX: COLOR GENOMICS)



Products ▾

Learn ▾

Providers ▾

Employers

Hereditary Cancer Test

30 gene analysis, including *BRCA1* and *BRCA2*, to understand your risk for common hereditary cancers

Hereditary High Cholesterol Test

3 gene analysis to understand your risk for Familial Hypercholesterolemia

BRCA Test

BRCA1 and *BRCA2* gene analysis to start understanding your risk for hereditary breast and ovarian cancer

All Color Tests

Includes all genetic analysis currently offered by Color

Learn how your genes can impact your health

Color is a health service that helps you understand your genetic risk for common hereditary cancers and hereditary high cholesterol, and use this knowledge to create a personalized healthcare plan.

Get Started

DNA

GENETIC
VARIANT
SCREENING
(EX: CELMATIX)

DNA



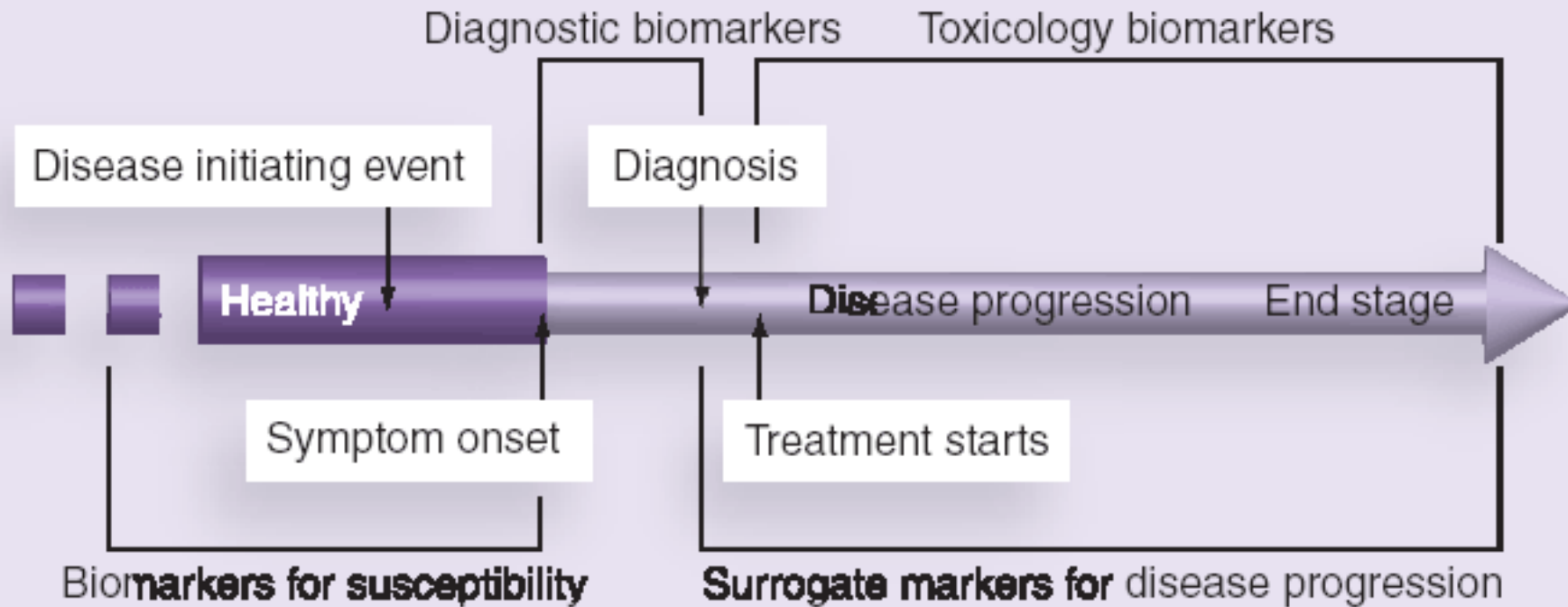
my fertilome.com

Are you interested in learning what your genetics may reveal about your reproductive health & fertility potential?

Biomarkers at different stages of disease

Medscape®

www.medscape.com



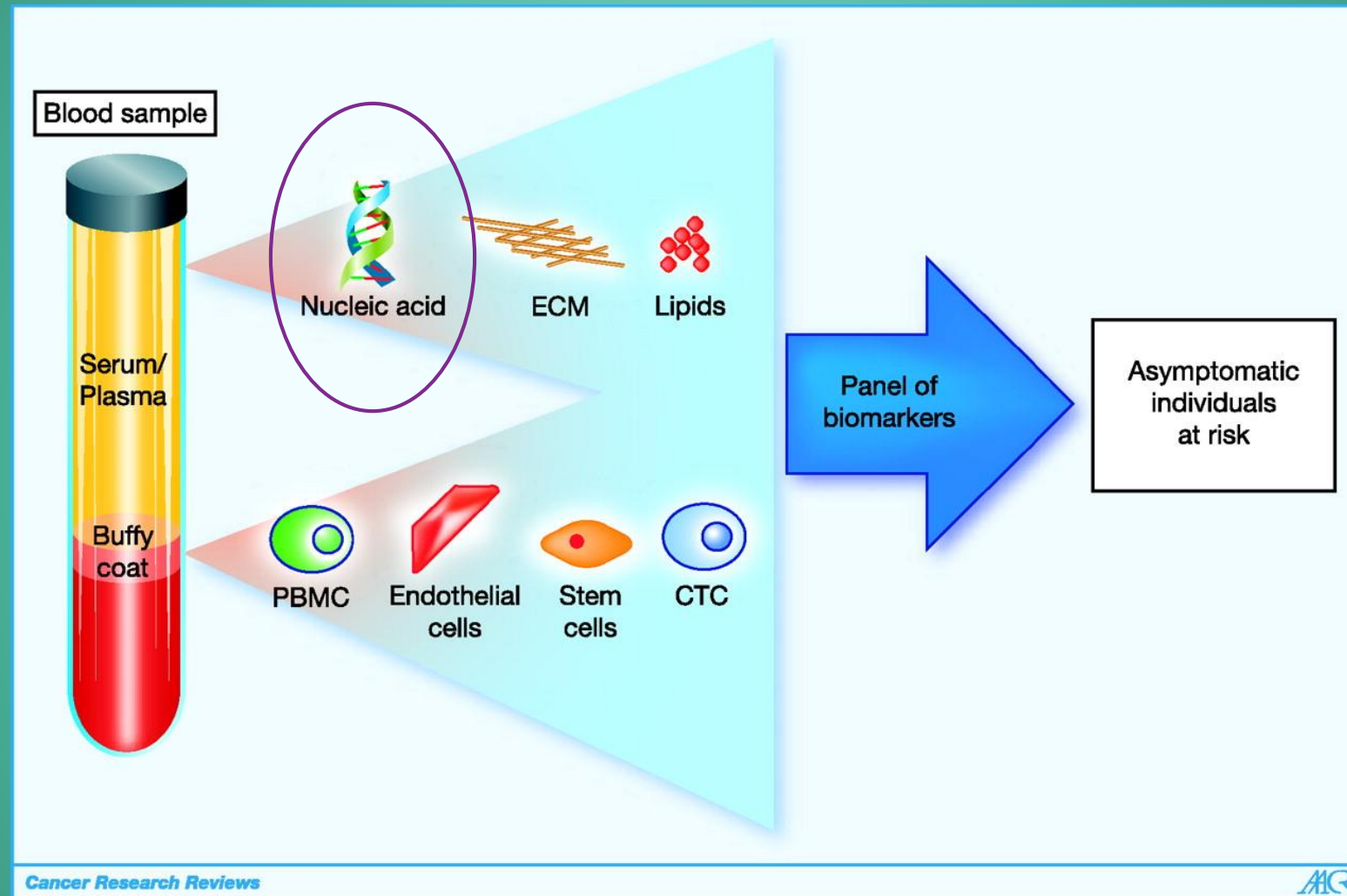
Source: Expert Rev Proteomics © 2008 Future Drugs Ltd

Characteristics of ideal biomarkers

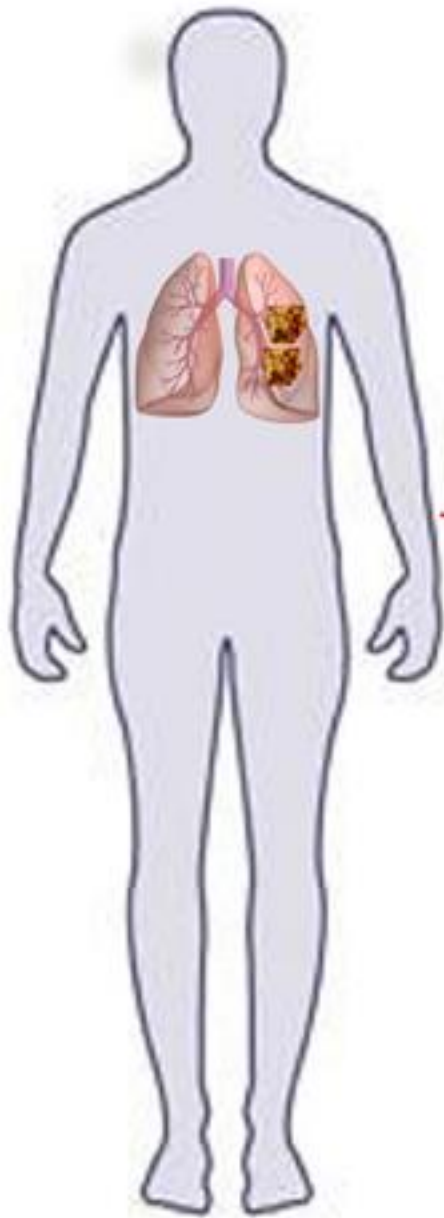
Characteristics of a Biomarker

Specific	To a particular disease
Sensitive	Easily quantifiable
Predictive	Relevant to disease progression or treatment
Robust	Fast, simple, and cheap analysis
Stable	Equal concentrations at any time of day
Non-invasive	Samples easily acquired (blood, urine, etc)
Preclinical and clinical importance	Valid in animal/cell human models

Blood biomarkers for early cancer detection.



Katherine J. Martin et al. *Cancer Res* 2010;70:5203-5206



Minimally invasive
sampling



Serum

Plasma

Circulating
miRNAs

Diagnostic Biomarker

- Monitor asymptomatic high-risk individuals
- Identification of early-stage cancer
- Discriminate between benign and malignant disease

Prognostic Biomarker

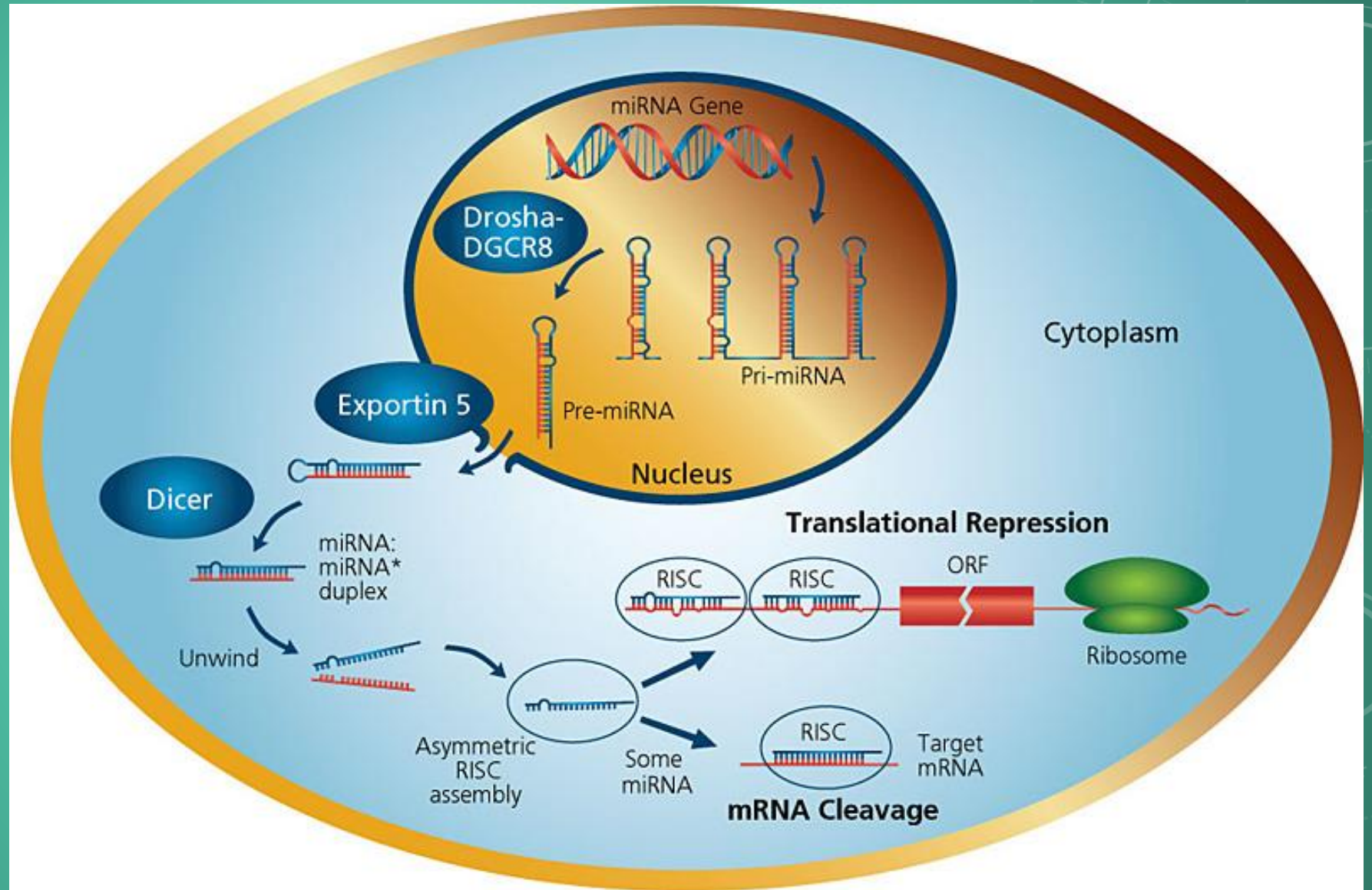
- Predict disease outcome
- Predict progression-free and overall survival
- Monitor disease recurrence

Predictive Biomarker

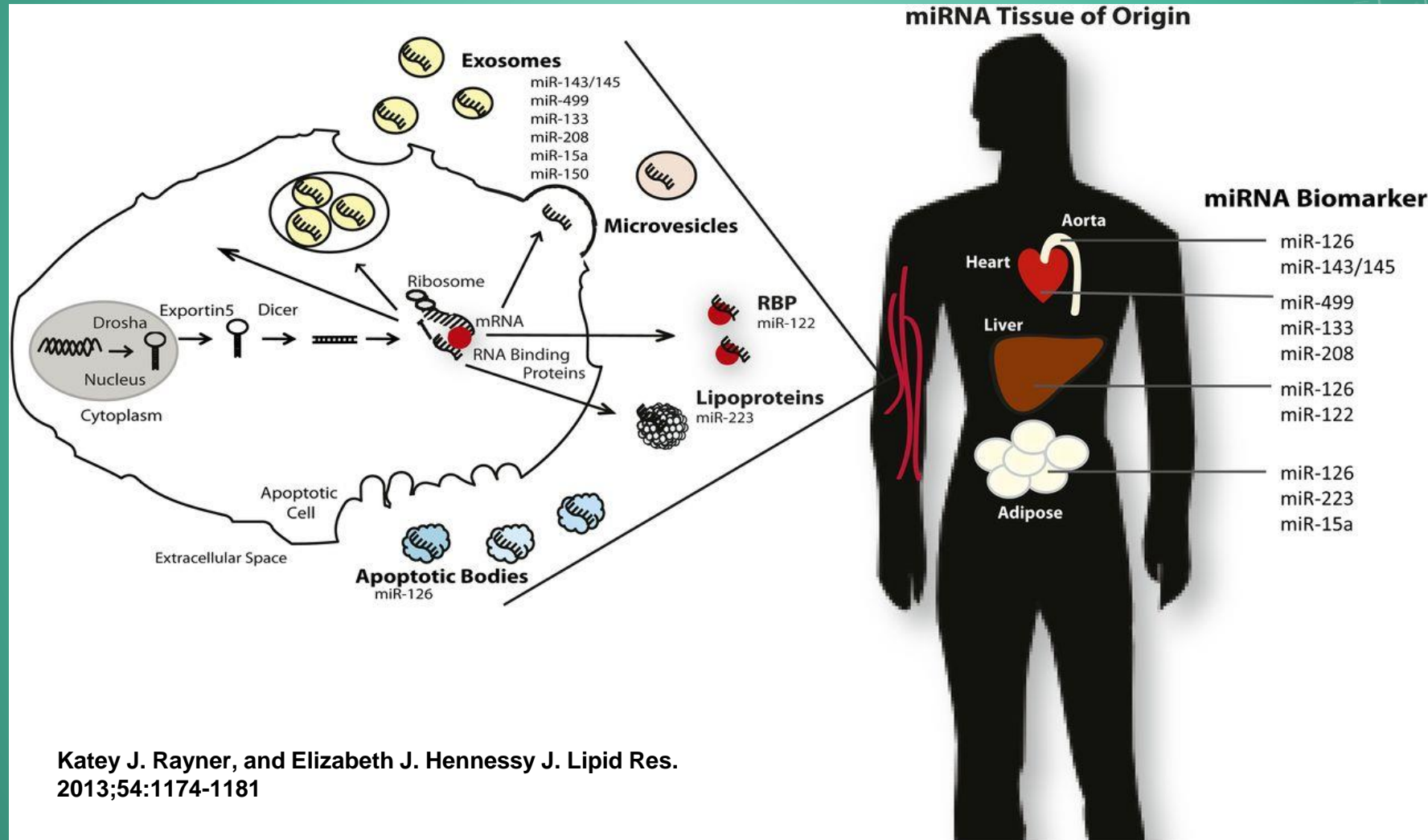
- Monitor sensitivity to therapy and therapy response
- Aid treatment decisions

microRNA:

- non-coding
- Regulate gene expression of mRNA targets
Post-Transcriptionally
- >2500 miRNAs identified in humans



MicroRNAs are secreted into the circulation and are biomarkers for various diseases. miRNAs are secreted by various lipid-containing vesicles, including exosomes, microvesicles, and apoptotic bodies, and can be found outside of vesicles but bound to RNA-binding proteins



Katey J. Rayner, and Elizabeth J. Hennessy J. Lipid Res. 2013;54:1174-1181

Active area
of research:
microRNAs
in various
cancers

Plasma microRNA profiling: Exploring better biomarkers for lymphoma surveillance

Drirh Khare, Neta Goldschmidt, Aya Bardugo, Devorah Gur-Wahnon, Iddo Z. Ben-Dov , Batia Avni  

Published: November 13, 2017 • <https://doi.org/10.1371/journal.pone.0187722>

Article	Authors	Metrics	Comments	Related Content
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- Abstract
- Introduction
- Materials and methods
- Results
- Discussion
- Supporting information
- Acknowledgments
- References

- Reader Comments (0)
- Media Coverage (0)
- Figures

Abstract

Early detection of relapsed lymphoma improves response and survival. Current tools lack power for detection of early relapse, while being cumbersome and expensive. We searched for sensitive biomarkers that precede clinical relapse, and serve for further studies on therapy response and relapse. We recruited 20 healthy adults, 14 diffuse large B-cell lymphoma (DLBCL) patients and 11 Hodgkin lymphoma (HL) patients at diagnosis. Using small-RNA sequencing we identified in DLBCL patients increased plasma levels of miR-124 and miR-532-5p, and decreased levels of miR-425, miR-141, miR-145, miR-197, miR-345, miR-424, miR-128 and miR-122. In the HL group, we identified miR-25, miR-30a/d, miR-26b, miR-182, miR-186, miR-140* and miR-125a to be up-regulated, while miR-23a, miR-122, miR-93 and miR-144 were down-regulated. Pathway analysis of potential mRNAs targets of these miRNA revealed in the DLBCL group potential up-regulation of STAT3, IL8, p13k/AKT and TGF-B signaling, and potential down-regulation of the PTEN and p53 pathways; while in the HL group we have found the cAMP-mediated pathway and p53 pathway to be potentially down-regulated. Survival analyses revealed that plasma levels of miR-20a/b, miR-93 and miR-106a/b were associated with higher mortality. In conclusion, we identified sets of dysregulated circulating miRNA that might serve as reliable biomarkers for relapsed lymphoma.

Active area
of research:
microRNAs
in various
cancers

Research | [Open Access](#)

Diagnostic and prognostic microRNAs in the serum of breast cancer patients measured by droplet digital PCR

[Alessandra Mangolini](#), [Manuela Ferracin](#), [Maria Vittoria Zanzi](#), [Elena Saccenti](#), [Sayda Omer Ebnaof](#),
[Valentina Vultaggio Poma](#), [Juana M. Sanz](#), [Angela Passaro](#), [Massimo Pedriali](#), [Antonio Frassoldati](#), [Patrizia Querzoli](#),
[Silvia Sabbioni](#), [Paolo Carcoforo](#), [Alan Hollingsworth](#) and [Massimo Negrini](#) ✉

Biomarker Research 2015 **3**:12

<https://doi.org/10.1186/s40364-015-0037-0> | © Mangolini et al. 2015

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WRAP-UP

- MOLECULAR SIGNATURES

- Measure various types of macromolecules (DNA, RNA, protein) or their activity (enzymes, phenotype)
- Specific to the particular microorganism or human disease state
- Exciting area of commercial development
 - Microbiome therapeutics/Precision Probiotics
 - Genetic screen & diagnostic tests for biomarkers

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 - **Phil Strang**
 - **Jenna Massaro**
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